

# Non-linear effects in scalar-tensor gravity

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The most natural theories of gravity include  
a scalar field  $\phi$  besides the metric  $g_{\mu\nu}$

- Mathematically **consistent field theories** (no ghost, no adynamical field)

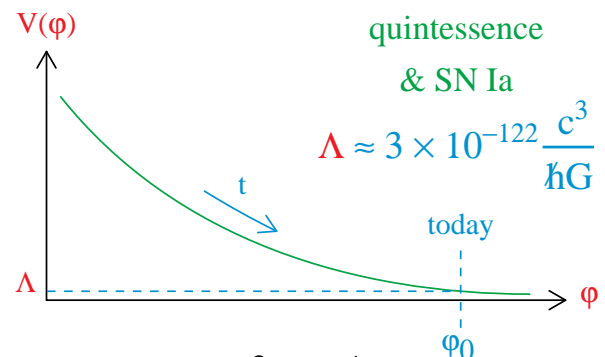
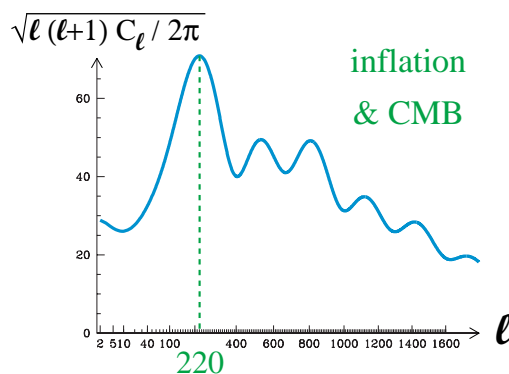
- **Motivated** by superstrings

- **dilaton** in the graviton supermultiplet
- **moduli** after dimensional reduction

$$g_{mn} = \begin{pmatrix} g_{\mu\nu} & A_\mu \\ A_\nu & \phi \end{pmatrix}$$

- Scalar fields play a crucial role in modern **cosmology**

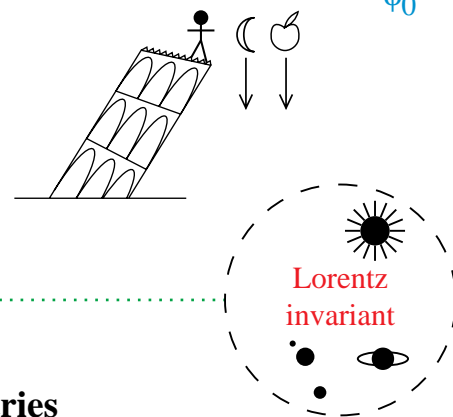
(potential  $V(\phi) \approx$  negative pressure  $\Rightarrow$  accelerated expansion phases of the universe)



- Only consistent massless field theories able to satisfy the **weak equivalence principle**

- Only known theories satisfying “**extended Lorentz invariance**”

spectator

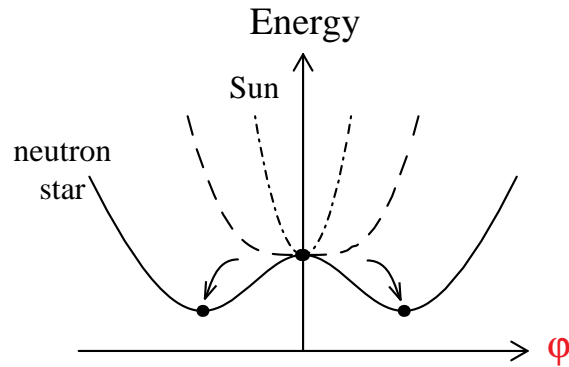


- Preserve most of general relativity’s **symmetries**  
(explain the key role of  $\beta^{\text{PPN}}$  and  $\gamma^{\text{PPN}}$ )

- Useful as **contrasting alternatives** to general relativity  
(simple, but general enough  $\Rightarrow$  many possible deviations)

## Outline of the talk

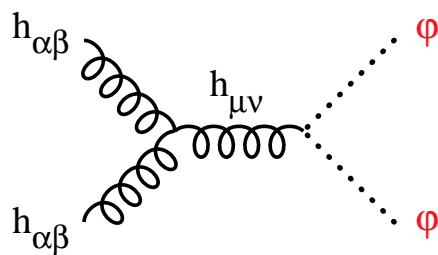
### 1• Nonperturbative effects in the strong-field regime



### 2• Highly non-linear effects caused by a scalar–Gauss-Bonnet coupling

$$W(\varphi) \left( R_{\mu\nu\rho\sigma}^2 - 4R_{\mu\nu}^2 + R^2 \right)$$

### 3• Instabilities caused by ghosts not manifest at the linear order



Tensor – scalar theories

spin 2                  spin 0

↓                                  ↓

$$S = \frac{c^3}{4\pi G} \int \sqrt{-g} \left\{ \frac{R}{4} - \frac{1}{2} (\partial_\mu \phi)^2 - V(\phi) \right\}$$

$$+ S_{\text{matter}} \left[ \text{matter}; \tilde{g}_{\mu\nu} \equiv A^2(\phi) g_{\mu\nu} \right]$$

↑  
physical metric

Solar-system constraints

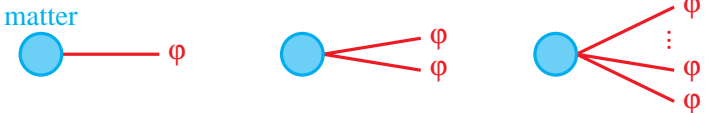
- “PPN” formalism to study weak-field gravity (order Newton  $\times \frac{1}{c^2}$ )  
[Eddington, Schiff, Baierlin, Nordtvedt, Will]

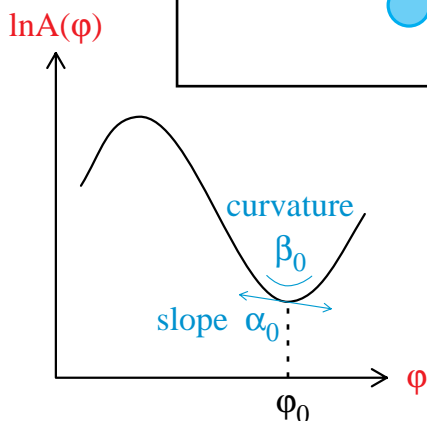
$$\begin{cases} -g_{00} = 1 - 2 \frac{Gm}{rc^2} + 2 \beta^{\text{PPN}} \left( \frac{Gm}{rc^2} \right)^2 + \dots \\ g_{ij} = \delta_{ij} \left[ 1 + 2 \gamma^{\text{PPN}} \frac{Gm}{rc^2} + \dots \right] \end{cases}$$

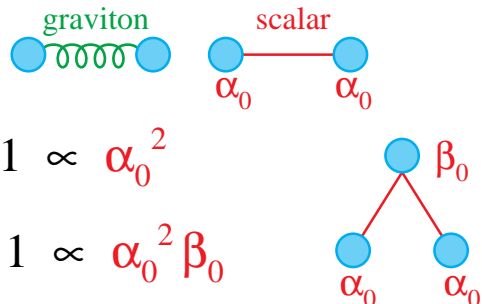
- In scalar-tensor gravity

If  $V''(\phi) = m_\phi^2 \gg (\text{A.U.})^{-2} \Rightarrow \phi$  negligible

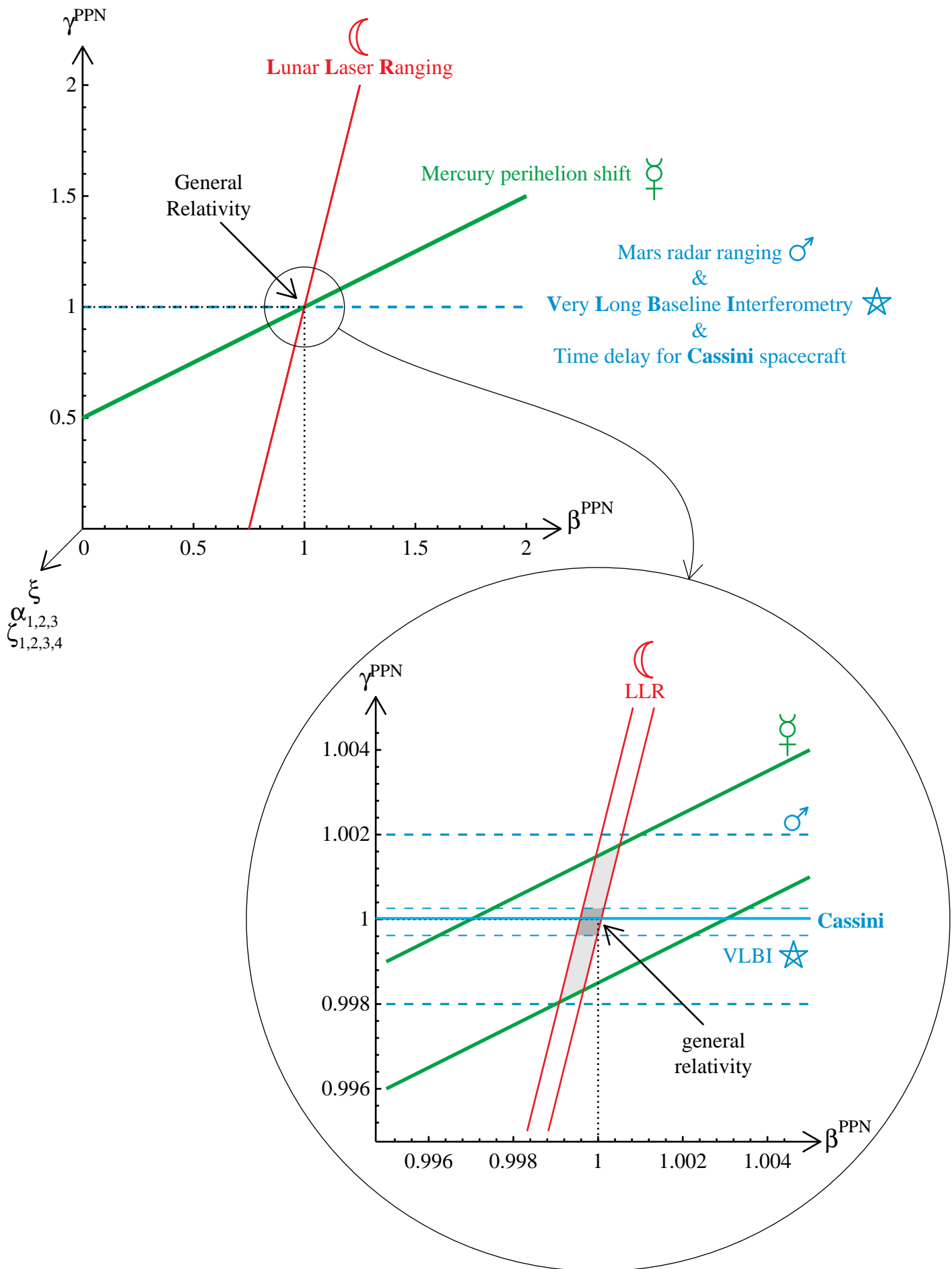
If  $V''(\phi) = m_\phi^2 \ll (\text{A.U.})^{-2} \Rightarrow$  matter-scalar coupling function  $A(\phi)$  strongly constrained

$$\ln A(\phi) = \alpha_0 (\phi - \phi_0) + \frac{1}{2} \beta_0 (\phi - \phi_0)^2 + \dots$$




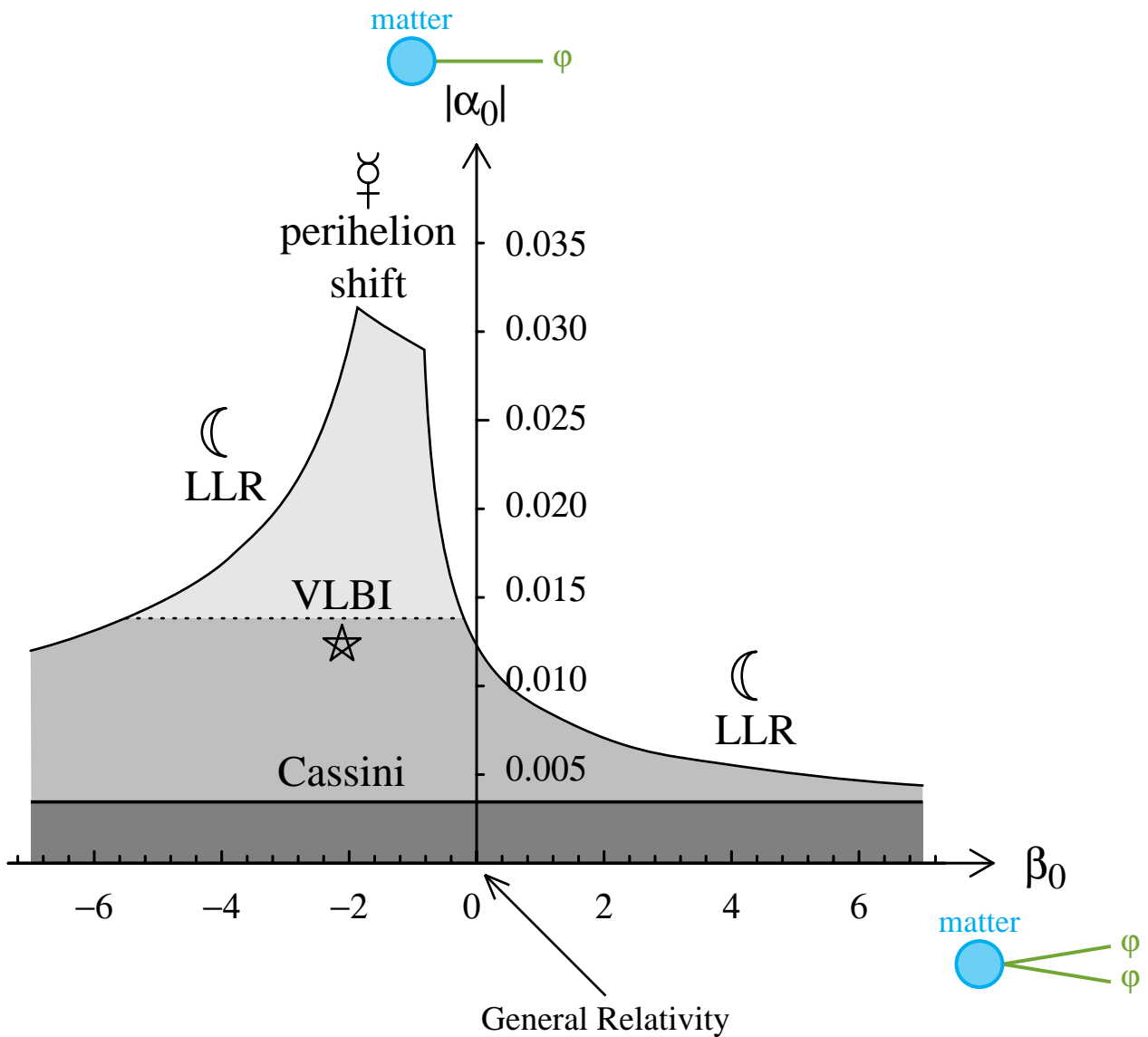
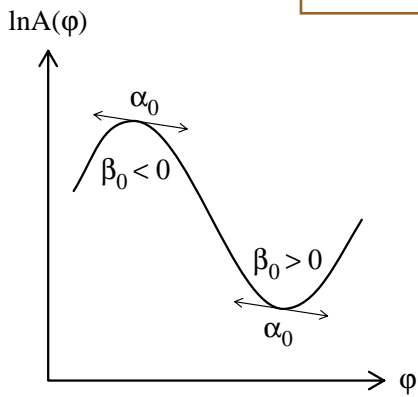
$$\left\{ \begin{aligned} G_{\text{eff}} &= G (1 + \alpha_0^2) \\ \gamma^{\text{PPN}} - 1 &\propto \alpha_0^2 \\ \beta^{\text{PPN}} - 1 &\propto \alpha_0^2 \beta_0 \end{aligned} \right.$$


Solar-system experiments  
in the **P**arametrized **P**ost-**N**ewtonian formalism



# Solar-system constraints on scalar-tensor theories of gravity

matter-scalar  
coupling function



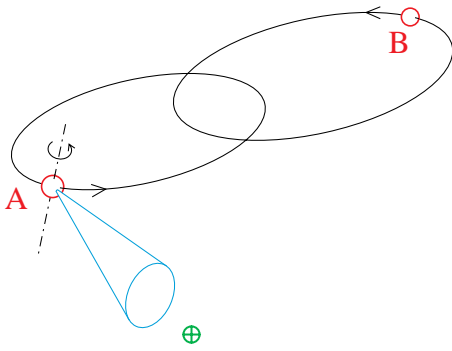
Vertical axis ( $\beta_0 = 0$ ): Jordan–Fierz–Brans–Dicke theory

$$\alpha_0^2 = \frac{1}{2\omega_{BD} + 3}$$

Horizontal axis ( $\alpha_0 = 0$ ): perturbatively equivalent to G.R.

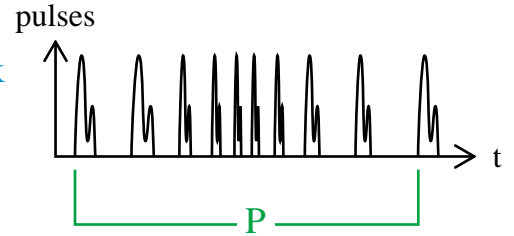
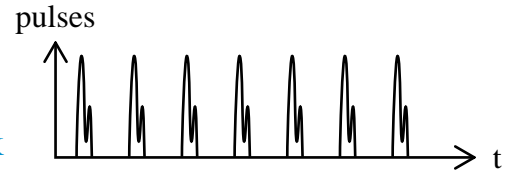


# Binary-pulsar tests



pulsar = (very stable) clock

binary pulsar = moving clock



• Time of flight across orbit  $\propto \frac{\text{size of orbit}}{c}$

(“Roemer time delay”)

- orbital period P
- eccentricity e
- periastron angular position  $\omega$
- projected semimajor axis x
- ...

“Keplerian” parameters

• Redshift  $\propto \frac{G m_B}{r_{AB} c^2} + \text{second order Doppler effect} \propto \frac{\vec{v}_A^2}{2c^2}$  (“Einstein time delay”)

– parameter  $\gamma_{\text{Timing}}$

• Time evolution of Keplerian parameters

- periastron advance  $\dot{\omega}$  (order  $\frac{1}{c^2}$ )
- gravitational radiation damping  $\dot{P}$  (order  $\frac{1}{c^5}$ )

“post-Keplerian” observables

[PSR B1913+16 • Hulse & Taylor 1974]

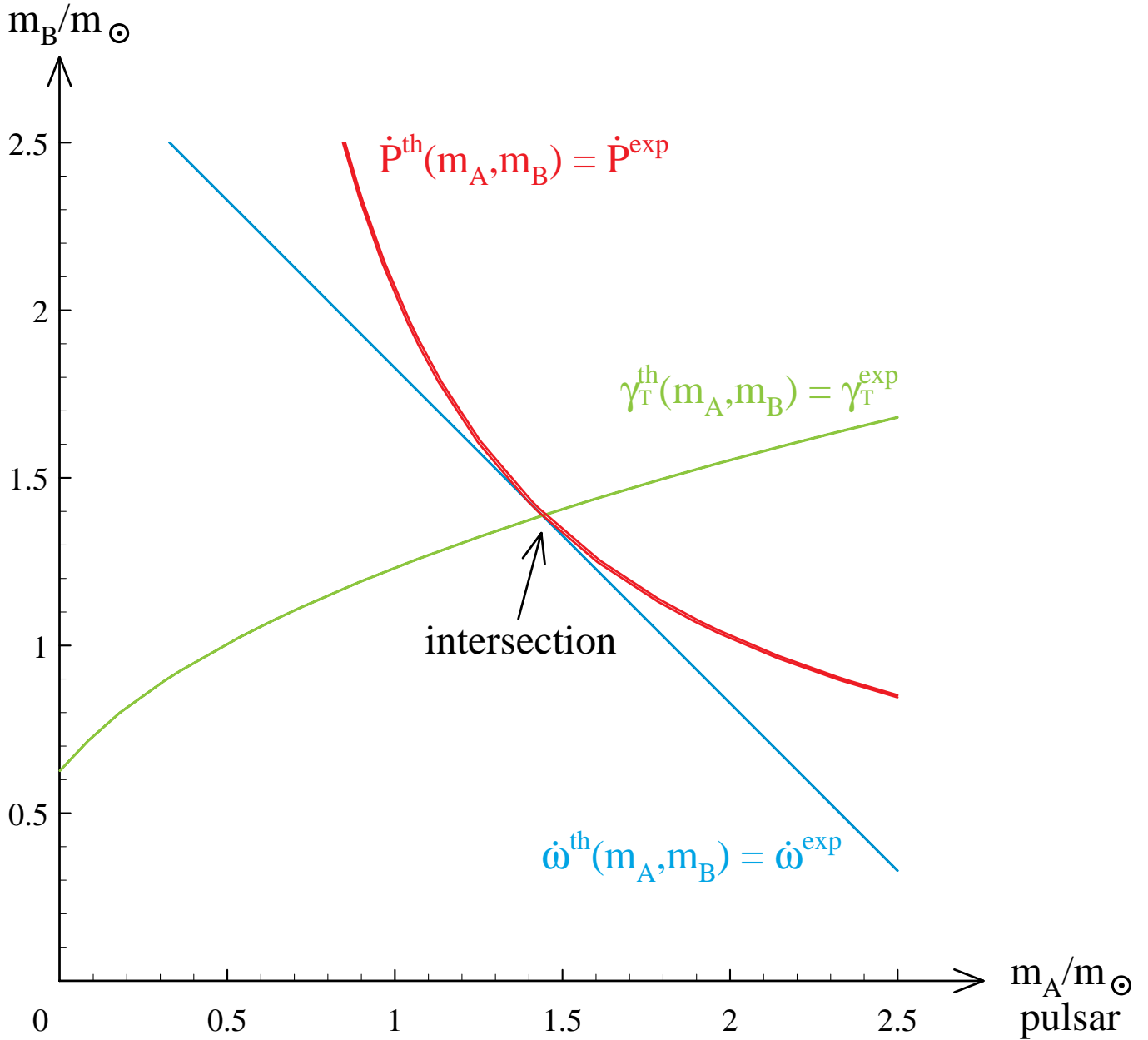
3	–	2	=	1
observables		unknown masses $m_A, m_B$		test

Plot the three curves [strips]

$\gamma_{\text{Timing}}^{\text{theory}}(m_A, m_B)$	=	$\gamma_{\text{Timing}}^{\text{observed}}$	}	“ $\gamma_T - \dot{\omega} - \dot{P}$ test”
$\dot{\omega}^{\text{theory}}(m_A, m_B)$	=	$\dot{\omega}^{\text{observed}}$		
$\dot{P}^{\text{theory}}(m_A, m_B)$	=	$\dot{P}^{\text{observed}}$		

PSR B1913+16  
in general relativity

companion



$$\dot{\omega} = 4.22661^\circ/\text{yr}$$

$$\gamma_T = 4.294 \text{ ms}$$

$$\dot{P} = -2.421 \times 10^{-12}$$

GR  
⇒

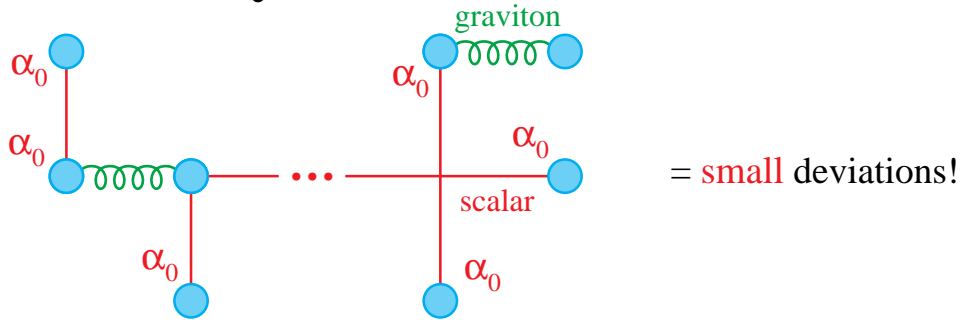
$$m_A = 1.4408 m_\odot$$

$$m_B = 1.3873 m_\odot$$



# Deviations from general relativity due to the scalar field

- At any order in  $\frac{1}{c^n}$ , the deviations involve at least two  $\alpha_0$  factors:



- But **nonperturbative** strong-field effects may occur:

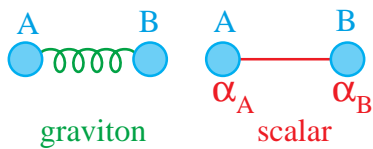
$$\text{deviations} = \alpha_0^2 \times \underbrace{\left[ a_0 + a_1 \frac{Gm}{Rc^2} + a_2 \left( \frac{Gm}{Rc^2} \right)^2 + \dots \right]}_{\text{LARGE for } \frac{Gm}{Rc^2} \approx 0.2 ?}$$

$< 10^{-5}$

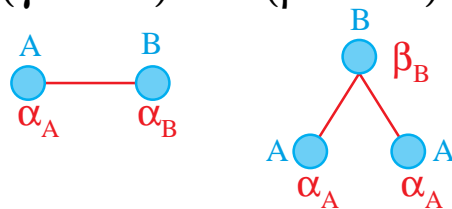
## Strong-field effects

$$G_{AB}^{\text{eff}} = G \left( 1 + \alpha_A \alpha_B \right)$$

depends on internal structure of bodies A & B



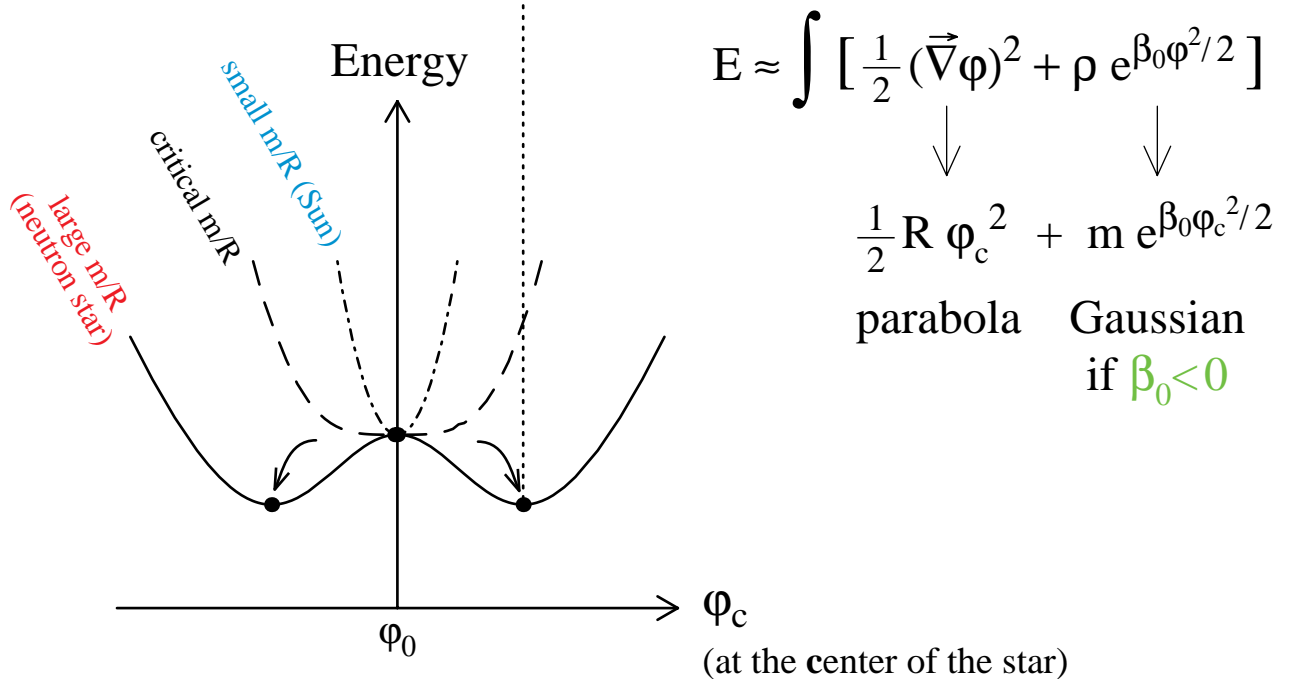
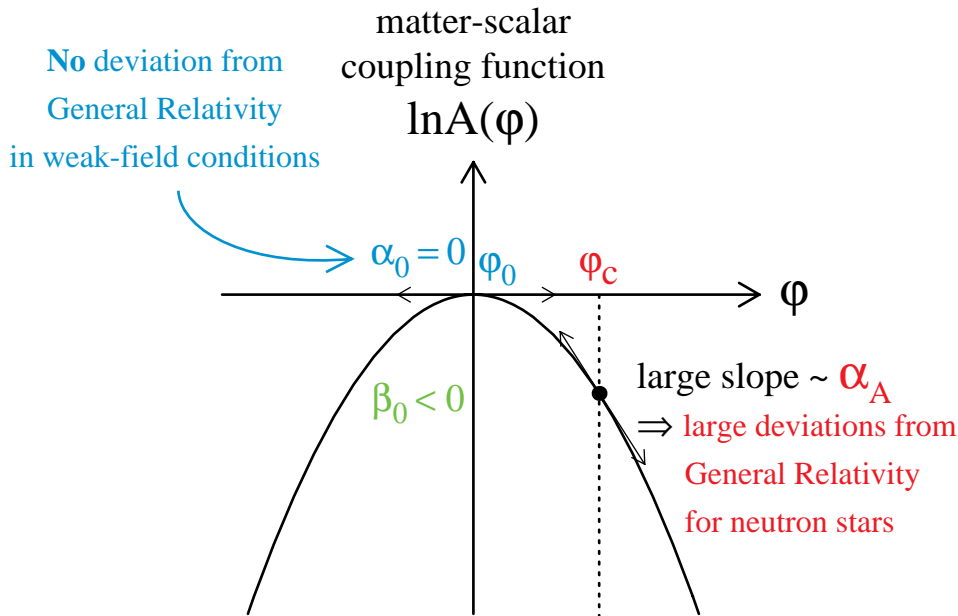
similarly for  $(\gamma^{\text{PPN}} - 1)$  and  $(\beta^{\text{PPN}} - 1) \Rightarrow$  all post-Newtonian effects



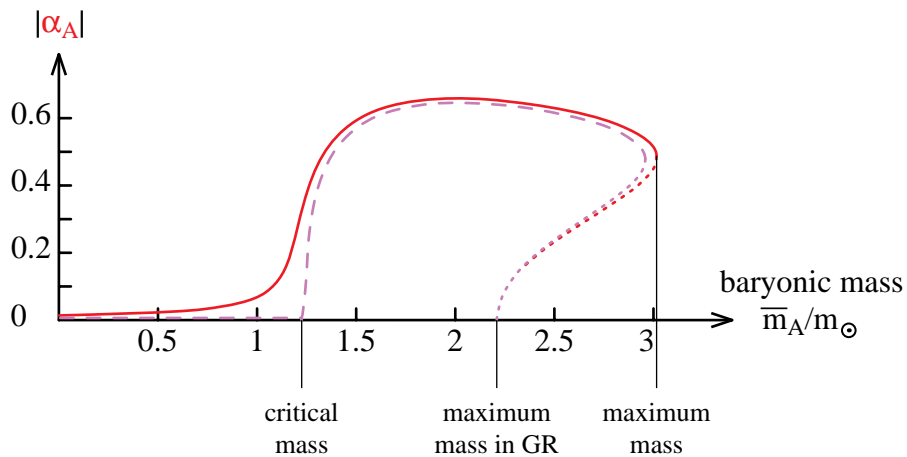
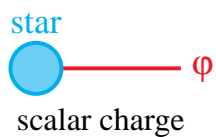
$$\text{Energy flux} = \frac{\text{Quadrupole}}{c^5} + O\left(\frac{1}{c^7}\right) \quad \text{spin 2}$$

$$+ \frac{\text{Monopole}}{c} \left( 0 + \frac{1}{c^2} \right)^2 + \frac{\text{Dipole}}{c^3} + \frac{\text{Quadrupole}}{c^5} + O\left(\frac{1}{c^7}\right) \quad \text{spin 0}$$

$$\uparrow \\ \propto (\alpha_A - \alpha_B)^2$$

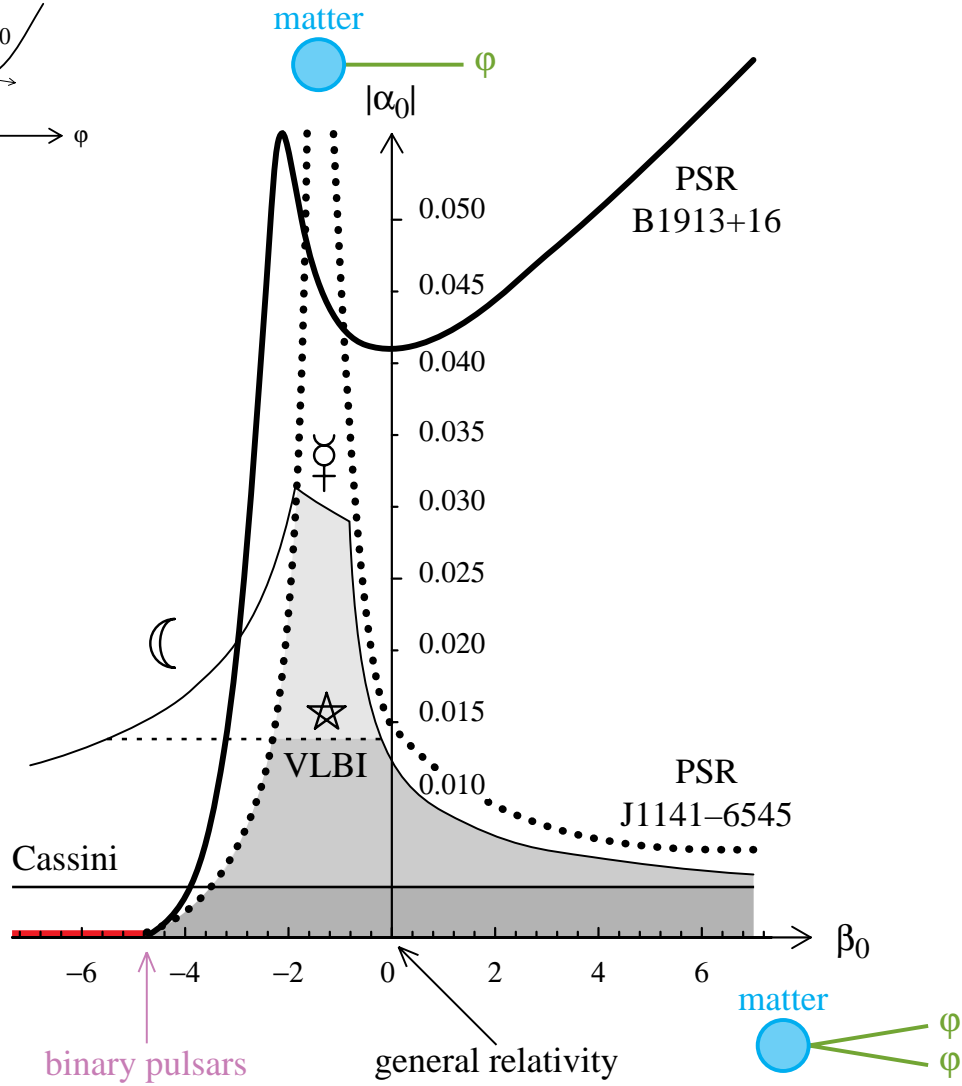
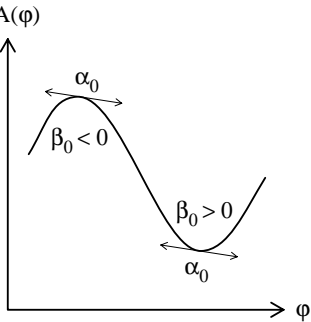


“spontaneous scalarization”



# Solar-system & binary-pulsar constraints on scalar-tensor theories of gravity

matter-scalar coupling function



binary pulsars impose  $\beta_0 > -4.5$

i.e.  $\frac{\beta^{\text{PPN}} - 1}{\gamma^{\text{PPN}} - 1} < 1.1$

general relativity

[T. Damour & G.E-F]

Vertical axis ( $\beta_0 = 0$ ) : Jordan–Fierz–Brans–Dicke theory  $\alpha_0^2 = \frac{1}{2 \omega_{\text{BD}} + 3}$

Horizontal axis ( $\alpha_0 = 0$ ) : **perturbatively equivalent** to G.R.

## More general tensor – scalar theories

$$S = \frac{c^3}{4\pi G} \int \sqrt{-g} \left\{ \underbrace{\frac{R}{4}}_{\text{spin 2}} - \frac{1}{2} \underbrace{(\partial_\mu \varphi)^2}_{\text{spin 0}} - V(\varphi) \right\} + S_{\text{matter}} \left[ \text{matter}; \tilde{g}_{\mu\nu} \equiv A^2(\varphi) g_{\mu\nu} \right]$$

physical metric

$$S = \frac{c^3}{4\pi G} \int \sqrt{-g} \left\{ \frac{R}{4} - \frac{1}{2} F \left( g^{\mu\nu} \gamma_{ab}(\varphi^c) \partial_\mu \varphi^a \partial_\nu \varphi^b \right) - V(\varphi^a) \right\}$$

k-essence
σ-model
quintessence

$$- \hbar \int \sqrt{-g} W(\varphi^a) \left( R_{\mu\nu\rho\sigma}^2 - 4R_{\mu\nu}^2 + R^2 \right)$$

↑
Gauss-Bonnet

$$+ S_{\text{matter}} \left[ \text{matter}; \tilde{g}_{\mu\nu} \equiv A^2(\varphi^a) g_{\mu\nu} \right]$$

↑  
 extended quintessence

N.B.:

- $f(R) \iff$  an extra **scalar** field [Teyssandier & Tournenc 1983]
- $f(R, \square R, \dots, \square^n R) \iff n + 1$  extra **scalar** fields [Gottlöber *et al.* 1990; Wands 1994]
- $f(R_{\mu\nu})$  and/or  $f(R_{\mu\nu\rho\sigma}) \iff$  an extra massive spin-2 **ghost** [Stelle 1977; Hindawi *et al.* 1996; Tomboulis 1996]

Example of a pure **scalar**–**Gauss-Bonnet** coupling

$$S = \frac{c^3}{4\pi G} \int \sqrt{-g} \left\{ \frac{R}{4} - \frac{1}{2} (\partial_\mu \varphi)^2 - 0 \right\}$$

$$- \hbar \int \sqrt{-g} W(\varphi) \left( R_{\mu\nu\rho\sigma}^2 - 4R_{\mu\nu}^2 + R^2 \right)$$

$$+ S_{\text{matter}} \left[ \text{matter}; \tilde{g}_{\mu\nu} \equiv 1 \times g_{\mu\nu} \right]$$

## Experimental constraints on $W(\varphi)$ ?

- Solar system (& binary pulsars)

$$\square \varphi = \frac{3\ell_0^2}{r^6} \left( \frac{2GM_\odot}{c^2} \right)^2 [W'_0 + W''_0 \varphi + O(\varphi^2)]$$

$$\left( \ell_0^2 = \frac{16\pi G\hbar}{c^3} \right)$$

$$\left\{ \begin{array}{l} \text{light deflection} \\ \text{perihelion shift} \end{array} \right. \quad \begin{array}{l} \Delta\theta_{\star} = \frac{4GM_\odot}{r_0 c^2} + \frac{1536}{35} \left( \frac{GM_\odot}{r_0 c^2} \right)^3 \left( \frac{\ell_0}{r_0} \right)^4 W_0'^2 \\ \Delta\theta_{\oplus} = \frac{6\pi GM_\odot}{pc^2} + 192\pi \left( \frac{GM_\odot}{pc^2} \right)^2 \left( \frac{\ell_0}{p} \right)^4 W_0'^2 \end{array}$$

OK if  $|W'_0|$  small enough

- Reconstruction of  $W(\varphi)$  from cosmological observation of  $D_L(z)$

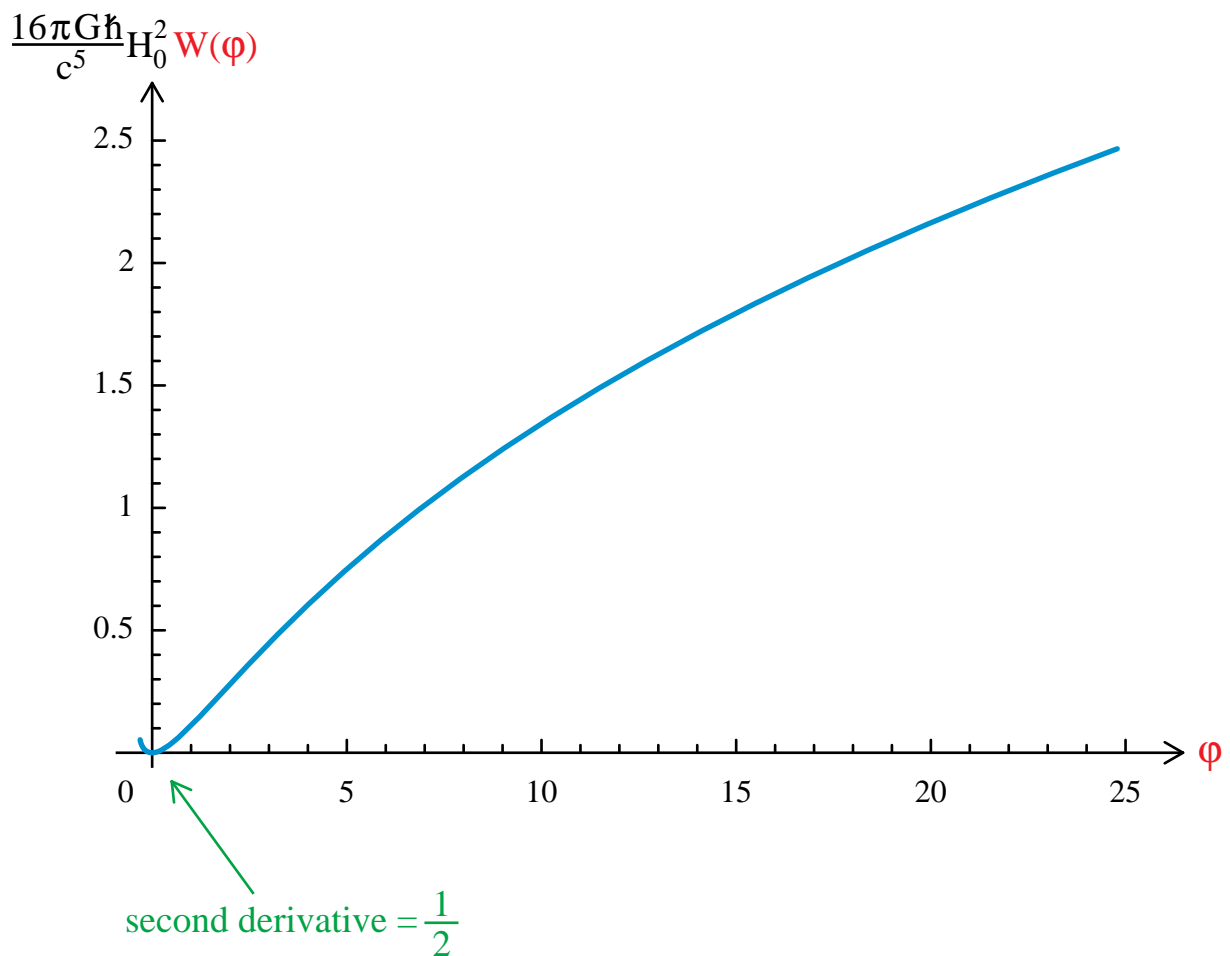
[fit  $W(\varphi)$  to reproduce  $D_L(z)$ , i.e. present accelerated expansion]

– Can always be done without any problem of negative energy  
[contrary to fits of the matter–scalar coupling function  $A(\varphi)$ ]

–  $\exists$  attraction mechanism towards a minimum of  $W(\varphi)$

$\Rightarrow |W'_0|$  small is expected.

Reconstruction of the scalar–Gauss-Bonnet  
coupling function  $W(\varphi)$   
[for  $V(\varphi) = 0$  and  $A(\varphi) = 1$ ]



Conclusion :  $dW(\varphi)/d\varphi = 0$  possible  
 but  $d^2W(\varphi)/d\varphi^2 \approx 7 \times 10^{119}$   
 (cf.  $\Lambda \approx 3 \times 10^{-122} c^3/\hbar G$ )

Experimental constraints on  $W(\varphi)$  ?  
(continued)

• Solar system again

If  $|W_0''\varphi| \gg |W_0'|$ , we cannot neglect it in

$$\square \varphi = \frac{3\ell_0^2}{r^6} \left( \frac{2GM_\odot}{c^2} \right)^2 \left[ W_0' + W_0''\varphi + \cancel{O(\varphi^2)} \right]$$

assume parabolic  $W(\varphi)$

$$\Rightarrow \varphi = \frac{W_0'}{W_0''} \sum_{n \geq 1} \frac{1}{(3 \times 4)(7 \times 8) \cdots (4n-1)(4n)} \left( \frac{12\ell_0^2 G^2 M_\odot^2 W_0''}{r^4 c^4} \right)^n$$

$$\approx \frac{W_0'}{W_0''} \left[ \begin{array}{l} \cosh \\ \cos \end{array} \left( \frac{GM_\odot \ell_0}{r^2 c^2} \sqrt{3|W_0''|} \right) - 1 \right] \quad \begin{array}{l} \text{if } W_0'' > 0 \\ \text{if } W_0'' < 0 \end{array}$$

if  $\underbrace{\quad}_{\sim 10^8} \gg 1$

•  $\varphi \rightarrow 0$  for  $r \rightarrow \infty$

$\Rightarrow$  theory  $\simeq$  G.R. for  $r > 4 \times 10^{14}$  m

(farther than solar system + comet cloud)

• In the solar system,  $\exists$  highly nonlinear corrections in  $\frac{1}{r^{4n}}$

•  $\varphi \rightarrow 0$  for  $W_0' \rightarrow 0$

$\Rightarrow$  no nonperturbative effect (like spontaneous scalarization)

• Solar system tests

$$ds^2 = - \left( 1 + \sum_n \frac{\beta_n}{r^n} \right) c^2 dt^2 + \left( 1 + \sum_n \frac{\alpha_n}{r^n} \right) dr^2 + r^2 d\Omega^2$$

$$\left\{ \begin{array}{l} \text{light deflection } \Delta\theta_{\star} = \sum_n 2^{n-1} \frac{\Gamma\left(\frac{n+1}{2}\right)^2}{\Gamma(n+1)} \frac{\alpha_n - n\beta_n}{r_0^n} + O(\alpha_n, \beta_n)^2 \\ \text{perihelion shift } \Delta\theta_{\text{♀}} = \frac{6\pi GM_{\odot}}{pc^2} - \sum_n \frac{n(n-1)\beta_n c^2}{2GM_{\odot} p^{n-1}} \pi + O(\alpha_n, \beta_n)^2 \end{array} \right.$$

$\begin{array}{c} \uparrow \\ \vdots \\ \text{perturbative} \\ \vdots \\ \downarrow \end{array}$

$$\Rightarrow |W'_0| < 10^{-2 \times 10^{11}} !!!$$

if we take the  $W''_0 > 0$  given by the cosmological reconstruction.

**Hyperfine tuning**, which cannot last for more than a fraction of a second.

$\Rightarrow$  The model  $A(\varphi) = 1, V(\varphi) = 0, W(\varphi) \neq 0$  is already ruled out

\*  
\* \*

• N.B.: If  $W''_0 < 0$ , then

$$\varphi \simeq \frac{W'_0}{W''_0} \left[ \cos \left( \frac{GM_{\odot} \ell_0}{r^2 c^2} \sqrt{3|W''_0|} \right) - 1 \right]$$

and it suffices to have  $|\ell_0^2 W'_0| \ll r^2$

to get negligible effects in the solar system,

even if  $|W''_0| \sim 10^{120}$ .

$\Rightarrow$  Not so trivial that a  $R^2$  term in the Lagrangian must have larger effects on small scales than on large ones.



Instabilities caused by **ghosts** ( $E_{\text{kinetic}} \leq 0$ )

Simplest model (cf. two coupled harmonic oscillators)

$$\mathcal{L} = -(\partial_\mu \psi)^2 + (\partial_\mu \varphi)^2 - 2\lambda \psi \varphi$$

$$\Rightarrow \begin{cases} \square \psi = \lambda \varphi \\ -\square \varphi = \lambda \psi \end{cases} \Rightarrow \begin{cases} (\omega^2 - k^2)\psi = \lambda \varphi \\ -(\omega^2 - k^2)\varphi = \lambda \psi \end{cases} \Rightarrow (\omega^2 - k^2)^2 = -\lambda^2$$

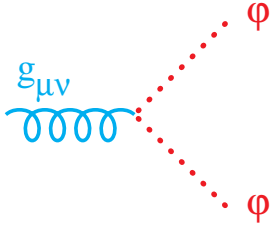
$$\Rightarrow \omega = \sqrt{k^2 \pm i\lambda} \text{ complex}$$

$\Rightarrow e^{-i\omega t}$  involves an exponentially growing mode

Instability is manifest at **linear** order, cf. 

Gravity with a scalar ghost

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} (R + 2g^{\mu\nu} \partial_\mu \varphi \partial_\nu \varphi) + S_{\text{matter}}[\text{matter}; g_{\mu\nu}]$$



Cosmological background

$H \equiv \dot{a}/a$ ; scalar background denoted  $\Phi$

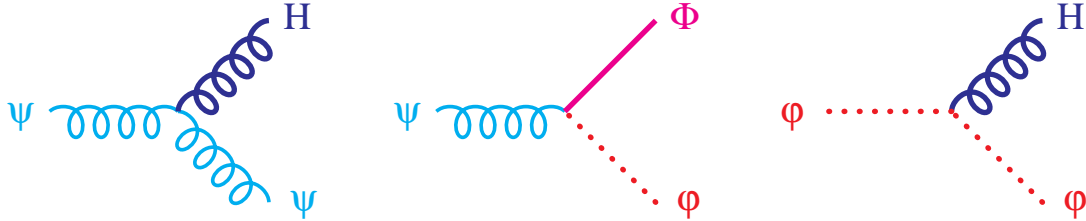
$$\left\{ \begin{array}{l} \frac{3}{2} H^2 = 4\pi G \rho - \frac{1}{2} \dot{\Phi}^2 \\ -3 \frac{\ddot{a}}{a} = 4\pi G \rho - 2\dot{\Phi}^2 \\ \ddot{\Phi} + 3H\dot{\Phi} = 0 \\ \dot{\rho} + 3H\rho = 0 \end{array} \right. \Rightarrow \begin{array}{l} \dot{\Phi}^2 \propto a^{-6} \\ \rho \propto a^{-3} \end{array}$$

$\ddot{a} > 0$  is possible (“unstable” background)

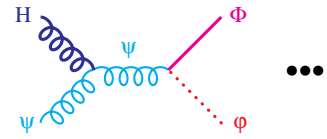
## Linear perturbations

$$ds^2 \equiv -(1 + 2\psi)dt^2 + a^2(1 - 2\psi)d\mathbf{x}^2; \quad \text{scalar field } \Phi + \varphi$$

$$\dot{\psi} + H\psi = -\dot{\Phi}\varphi \quad ; \quad \dot{\Phi}(\dot{\varphi} + 3H\varphi) = \left( +\frac{k^2}{a^2} + \dot{\Phi}^2 \right) \psi$$



$$\Rightarrow \begin{cases} \ddot{\psi} + \left( \frac{k^2}{a^2} - H^2 + 2\dot{\Phi}^2 \right) \psi = +7H\dot{\Phi}\varphi \\ \dot{\Phi} \left[ \dot{\varphi} + \left( \frac{k^2}{a^2} - 9H^2 + 4\dot{\Phi}^2 \right) \varphi \right] = -H \left( +3\frac{k^2}{a^2} + 7\dot{\Phi}^2 \right) \psi \end{cases}$$



$$\Rightarrow \omega \approx \sqrt{\frac{k^2}{a^2} - H^2 + \dot{\Phi}^2} - 2iH$$

*Damped* oscillators in expanding universe (friction term  $H > 0$ ).  
**No** instability due to ghost at this linear order (even if  $V \neq 0$ ).

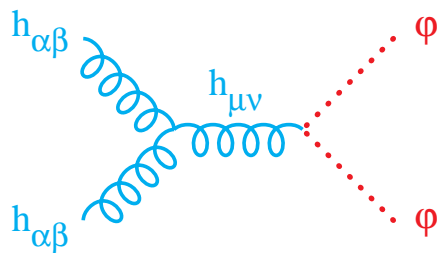
## Higher-order perturbations

$$\begin{cases} R_{\mu\nu} = -2\partial_\mu\varphi\partial_\nu\varphi \quad (+ \text{matter}) \\ -\square\varphi = 0 \end{cases} \Rightarrow \exists \text{ planes waves of any frequency}$$

$\Rightarrow$  Equation for  $h_{\mu\nu} \equiv g_{\mu\nu} - \eta_{\mu\nu}$  in harmonic gauge has the form:

$$(\omega^2 - \mathbf{k}^2)h_{\mu\nu} = k_\mu k_\nu \left( \frac{1}{2} h_{\alpha\beta}^2 - 4\varphi^2 \right) + \mathcal{O}(h^3)$$

The energies can compensate exactly each other in the r.h.s.



$\Rightarrow$  Spontaneous creation of plane waves of any frequency  
 (gravitons and scalars on mass shell)

$\Rightarrow$  Unstable vacuum (once created, do not annihilate)

## Conclusions

- Scalar–tensor theories are the best motivated alternatives to general relativity.

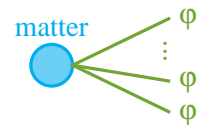
- Solar-system tests constrain the first derivative of the scalar–matter coupling function  $A(\varphi)$ .



- Binary-pulsar data constrain the second derivative of  $A(\varphi)$ , because of **nonperturbative** strong-field effects.



- Cosmological observations [of  $D_L(z)$  and  $\delta_m(z)$ ] give access to  $A(\varphi)$  and/or the potential  $V(\varphi)$  on a finite interval of  $\varphi$ .



- Scalar–Gauss-Bonnet coupling  $W(\varphi)$  strongly constrained by combination of solar-system & cosmological data, because of highly **nonlinear** effects.

- Instabilities caused by ghost degrees of freedom may not manifest at the linear order.

