Scale-invariance and the origin of dark radiation

A.A. Tokareva in collaboration with D.S. Gorbunov

MSU, INR

September, 25

Spontaneousely broken scale invariance

Motivation

2 R^2 -dilaton inflation

- Einstein frame action
- Inflationary predictions and recent data
- Reheating and dilaton production
- 3 R^2 -dilaton and Higgs-dilaton inflation
 - 4 Common scale-invariant inflation
- 5 Conclusions and discussion

Motivation

Motivation for scale invariance at high energy

- Idea: change M_P by a vacuum expectation value of new scalar field.
- SM is classically scale invariant at HE
- SI can help to cancel quadratic divergence in quantum corrections to Higgs boson mass

W. A. Bardeen, "On naturalness in the standard model," FERMILAB-CONF-95-391-T.

- SI provides exponentially flat inflaton potential which is preferred by Planck data
- Some amount of dark radiation?

Spontaneousely broken scale invariance

R²-dilaton inflation R²-dilaton and Higgs-dilaton inflation Common scale-invariant inflation Conclusions and discussion

Motivation

The hint for the dark radiation



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Spontaneously broken scale invariance: dilaton

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Possible models:

 Higgs-dilaton inflation – studied in J.Garcia-Bellido, J. Rubio, M. Shaposhnikov and D. Zenhausern, Higgs-Dilaton Cosmology: From the Early to the Late Universe Phys. Rev. D 84, 123504 (2011) [arXiv:1107.2163 [hep-ph]]

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Einstein frame action Inflationary predictions and recent data Reheating and dilaton production

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R^2 -dilaton inflation

• Most common scale-invariant action for scalar field and gravity:

$$S_0 = \int d^4x \sqrt{-g} \, rac{1}{2} [eta R^2 + (\partial_\mu X)^2 - \xi X^2 R].$$

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• Let's add a Lagrange multiplier Λ and new scalar \mathcal{R} :

$$S = \int d^4x \sqrt{-g} \, \left[rac{1}{2} (eta \mathcal{R}^2 + (\partial_\mu X)^2 - \xi X^2 \mathcal{R}) - \Lambda \mathcal{R} + \Lambda R
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• Integrating out auxiliary field $\mathcal{R} = (\xi X^2/2 + \Lambda)/\beta$ we obtain

$$S = \int d^4x \sqrt{-g} \left[\Lambda R + rac{1}{2} (\partial_\mu X)^2 - rac{1}{2eta} (\Lambda + rac{1}{2} \xi X^2)^2
ight].$$

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R^2 -dilaton inflation

• Go to the Einstein frame:

$$g_{\mu
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! This is the moment when we postulate spontaneous breaking of SI in order to obtain usual gravity. Here we first introduce the Planck mass.

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$$S = \int d^4 x \sqrt{-g} \left[-\frac{M_P^2}{2} R + \frac{6M_P^2}{2\omega^2} [(\partial_\mu \omega)^2 + (\partial_\mu X)^2] - V \right]$$
$$V = \frac{M_P^4}{8\beta} \left(1 - \frac{6\xi X^2}{\omega^2} \right)^2, \quad \omega = \sqrt{6} M_P \Omega$$

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• Field redefinition:

$$\omega={\it r}\sin heta\,,\,\,X={\it r}\cos heta$$

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R^2 -dilaton inflation

• Kinetic term and potential:

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! Potential depends only on $\boldsymbol{\theta}$

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! Potential depends only on $\boldsymbol{\theta}$

• After canonical normalisation: usual gravity + dilaton ρ + scalaron f:

$$S = \int d^4x \left[-\frac{M_P}{2}R + \frac{1}{2}(\partial_\mu \rho)^2 \cosh^2\left(\frac{f_0 - f}{\sqrt{6}M_P}\right) + \frac{1}{2}(\partial_\mu f)^2 - V(f) \right]$$
$$V(f) = \frac{M_P^4}{8\beta} \left(1 - 6\xi \sinh^2\left(\frac{f_0 - f}{\sqrt{6}M_P}\right) \right)^2$$

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 Dilaton ρ is massless shift-symmetric goldstone boson of spontaneously broken SI.

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Picture of potential



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Inflationary predictions

When $\xi < 0.004$ - very close to Starobinsky inflation.





M. J. Mortonson and U. Seljak, arXiv:1405.5857 [astro-ph.CO].

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Planck intermediate results. XXX. The angular power spectrum of polarized dust emission at intermediate and high Galactic latitudes





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Reheating and producing dilatons

- Inflaton f couples to any Weyl variation of the matter lagrangian:
- to Higgs boson the main reheating mechanism

$$\Gamma_{H} = \left(rac{1}{6eta}
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• to gauge bosons due to conformal anomaly (gives impact to reheating only when $\xi' \approx -1/6$):

$$\Gamma_{gauge} = \frac{\Sigma b_i^2 \alpha_i^2 N_i}{16\pi^2} \left(\frac{1}{6\beta}\right)^{3/2} \frac{M_P}{48\pi}$$

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Number of relativistic degrees of freedom

$$\Delta N_{eff} \simeq 2.85 rac{
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Number of relativistic degrees of freedom

$$\Delta N_{eff} \simeq 2.85 \frac{\rho_{\rho}}{\rho_{H}} = 2.85 \frac{\Gamma_{\rho}}{\Gamma_{H}} = \frac{0.71}{(1+6\xi')^2}$$

 $\Delta N_{eff} < 1.24 \Longrightarrow |\xi' + 1/6| > 0.13$, conformal case is forbidden



Interplay between R^2 -dilaton and Higgs-dilaton inflation

Action:

$$S_{0} = \int d^{4}x \sqrt{-g} \left[\frac{1}{2} [\beta R^{2} + (\partial_{\mu}X)^{2} - \xi X^{2}R - \xi'h^{2}R + (\partial_{\mu}h)^{2}] - \frac{\lambda}{4}h^{4} \right]$$

Interplay between R^2 -dilaton and Higgs-dilaton inflation

Action:

$$S_0 = \int d^4 x \sqrt{-g} \, \left[rac{1}{2} [eta R^2 + (\partial_\mu X)^2 - \xi X^2 R - \xi' h^2 R + (\partial_\mu h)^2] - rac{\lambda}{4} h^4
ight]$$

Einstein frame action: dilaton ρ , scalaron f, Higgs ϕ

$$L = \frac{1}{2} (\partial_{\mu} \rho)^{2} \cosh^{2}(F) + \frac{1}{2} (\partial_{\mu} \phi)^{2} \sinh^{2}(F) + \frac{1}{2} (\partial_{\mu} f)^{2} - V(\Phi, F)$$

$$_{(f_{0} - f)/(\sqrt{6}M_{P}) \equiv F, \phi = \sqrt{6}M_{P}\Phi}$$

$$V = \frac{M_P^4}{8\beta} \left(1 - 6\sinh^2\left(F\right) \left[\xi\cos^2\Phi + \xi'\sin^2\Phi\right]\right)^2 + 9\lambda M_P^4\sinh^4\left(F\right)\sin^4\Phi$$

Potential



No dilaton production = 🤊 ୯୯

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Trajectories



No dilaton production

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Space of parameters



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Space of parameters



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- 2 inflation along valley ended by oscillations dominantly in f-direction
- 3 Higgs-like inflation when subsequent oscillations take place in \u03c6-direction inside the valley leading to the reheating like in the Higgs-inflation case
- In all these cases parameter β is defined by curvature perturbation amplitude $\Delta \simeq 5 \times 10^{-5}$, the e-folding number is $N_e = 55$ and $\lambda = 0.01$.

Scale-invariant inflation

Inflaton ϕ and dilaton X:

$$L = -rac{1}{2}\xi X^2 R + rac{1}{2}(\partial_\mu X)^2 + rac{1}{2}(\partial_\mu \phi)^2 - X^4 V\!\left(rac{\phi}{X}
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Scale-invariant inflation

Inflaton ϕ and dilaton X:

$$L = -\frac{1}{2}\xi X^2 R + \frac{1}{2}(\partial_\mu X)^2 + \frac{1}{2}(\partial_\mu \phi)^2 - X^4 V\left(\frac{\phi}{X}\right)$$

$$\Downarrow$$

$$L = \frac{1}{2}(\partial f)^2 + \frac{1}{2}(\partial \rho)^2 \cosh^2 \tilde{f} - \frac{M_P^4}{\xi^2} V(\sqrt{1+6\xi} \sinh \tilde{f}).$$

$$\tilde{f} \equiv f/\zeta M_P, \quad \zeta \equiv \sqrt{\frac{1+6\xi}{\xi}}$$

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Flattening the potential

$$V = \lambda (\phi^2 - \alpha X^2)^2$$

$$\mathcal{W} = rac{\lambda M_P^4}{\xi^2} ((\sqrt{1+6\xi}\sinh(ilde{f}))^2 - lpha)^2$$

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Reheating

• Inflaton decay to dilatons:

$$\Gamma_{
ho} = rac{m^3 anh^2 ilde{f}_0}{32\pi\zeta^2 M_P^2}, \ \ m-{
m inflaton\ mass}$$

• No dilaton overproduction \Rightarrow

$$T_{reh} > rac{1.87}{\sqrt{\Delta N_{max}}} g_*^{-1/4} \sqrt{\Gamma_{
ho} M_P} \,, \ \Delta N_{max} = N_{eff} - 3.04 \simeq 1$$

• Natural reheating - inflaton decay to Higgs boson.

$$\Gamma_H/\Gamma_\rho = 4(1+6\xi')^2$$

! The conformal Higgs with $\xi' = -1/6$ is also forbidden

Conclusions and problems

- We studied scale-invariant extension of the Starobinsky model of inflation
- Due to low reheating temperature dilaton can be produced at reheating and give impact to the dark radiation which is in a good agreement with present data
- Quantum level?

Thanks for your attention!