

# *Inflation and $f(R)$ Dark Energy*

*Anjan Giri*

IIT Hyderabad



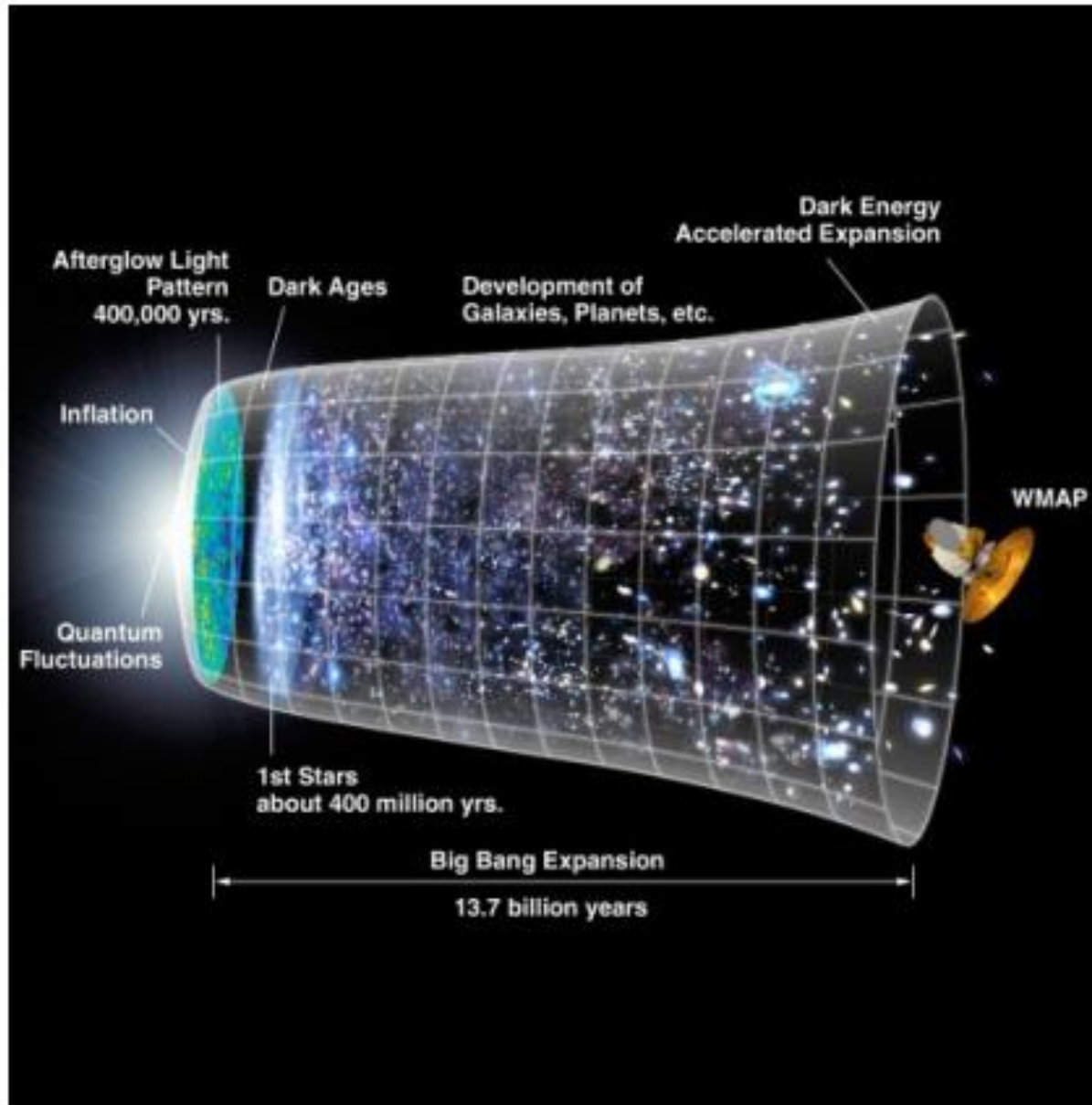
भारतीय प्रौद्योगिकी संस्थान हैदराबाद  
Indian Institute of Technology Hyderabad

*Hot Topics in General Relativity and Gravitation*

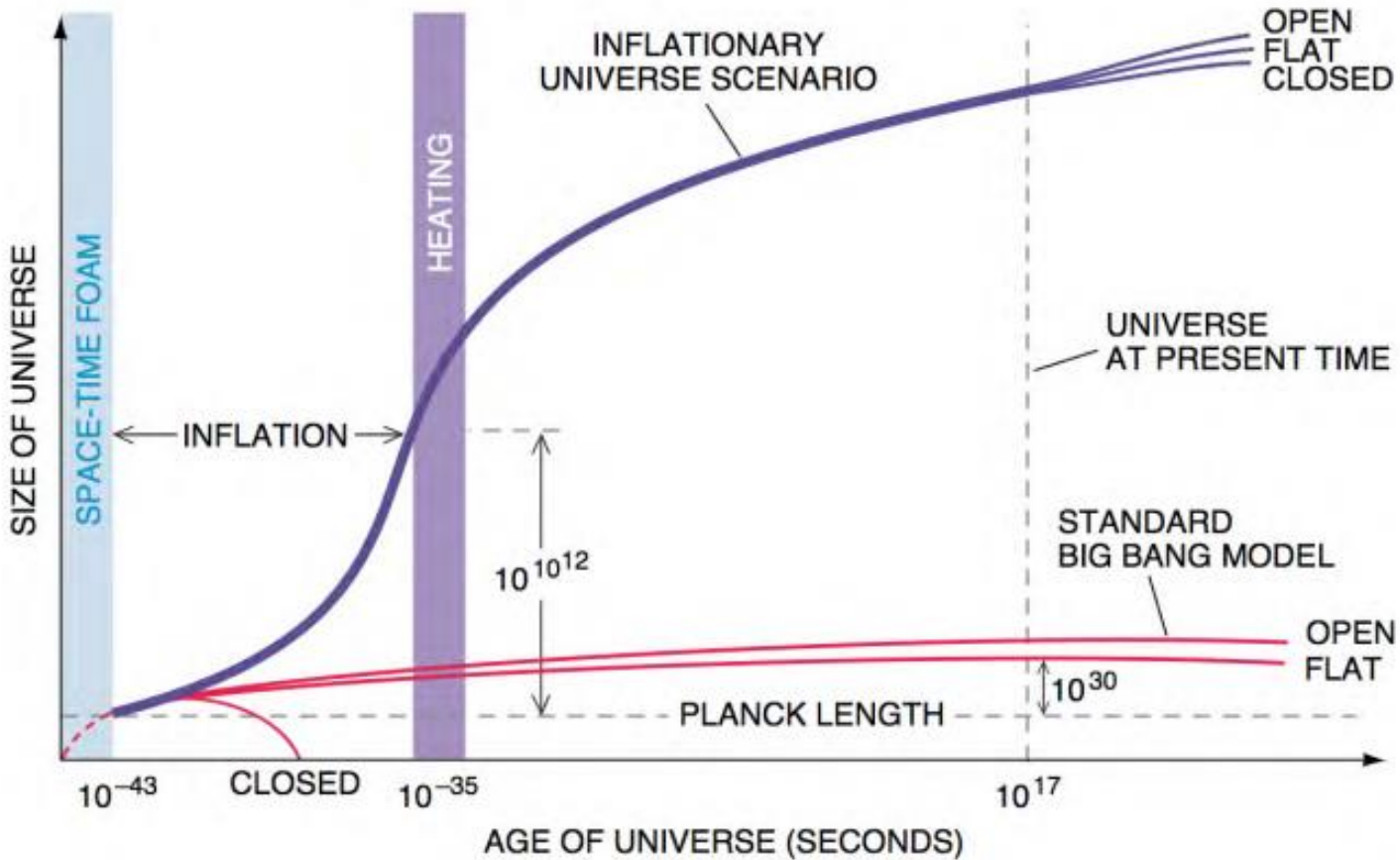
ICISE, Quy Nhon, Vietnam

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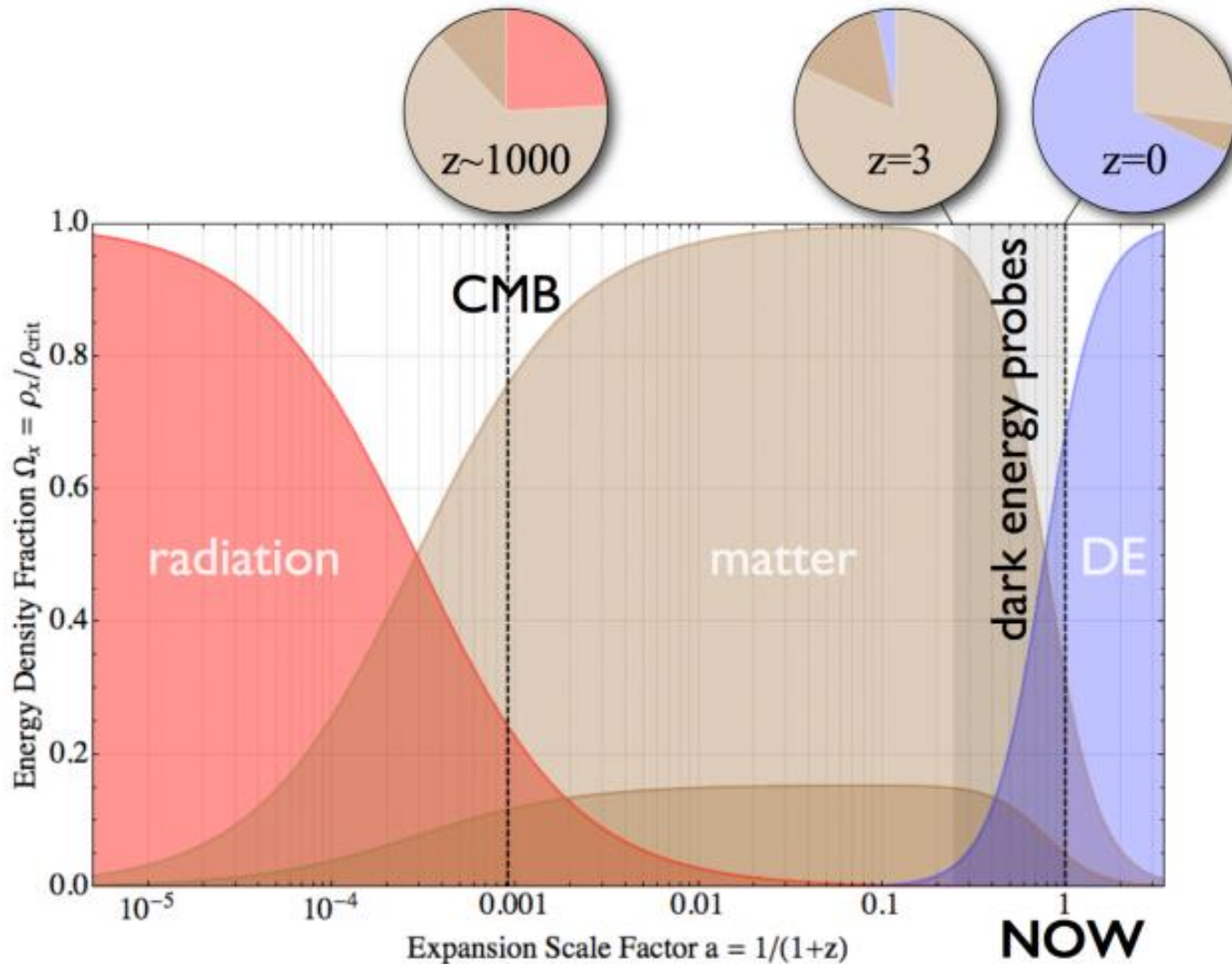
# History of Universe



# Inflationary Universe



# Energy evolution...



# Big Bang

- Hubble expansion, light element abundance (BBN), leftover Black body radiation (CMB)
- What preceded Big Bang ?
- BSM: **DM/DE, Perturbation** evolution, **Inflation**
- Universe is homogeneous ?
- Isotropic Universe (same in all directions) ?
- Simultaneous expansion for all parts ?
- Universe is flat
- So many particle in Universe and it is so large

# Cosmic Inflation

- Inflation solves some of the problems associated with the old Big Bang Theory .
- **Inflation: In fact provides an explanation for how the Universe could have been created out of matter less than one milligram.**
- Solves the issues like flatness, horizon and monopole problems.
- Simply a brilliant idea and of course surprising
- Expt. verification may be around (BICEP2???)

# Inflation

- The scalar field  $\phi$  moves very slowly and that is why the potential energy essentially remains a constant for a fair amount of time.

$$\frac{\dot{a}}{a} = \text{Const.} = H \rightarrow a(t) = e^{Ht}$$

(this is termed as inflation)

# Inflation and DE

- Inflation makes the Universe flat
- Adding a constant to the inflationary potential, one can get inflation as well as DE

$$V = \frac{1}{2}m^2\phi^2 + \Lambda$$

- (simplest model to explain Inflation and DE )

$$p = T - V(\phi) ; \rho = T + V(\phi) ; \omega = \frac{p}{\rho}$$

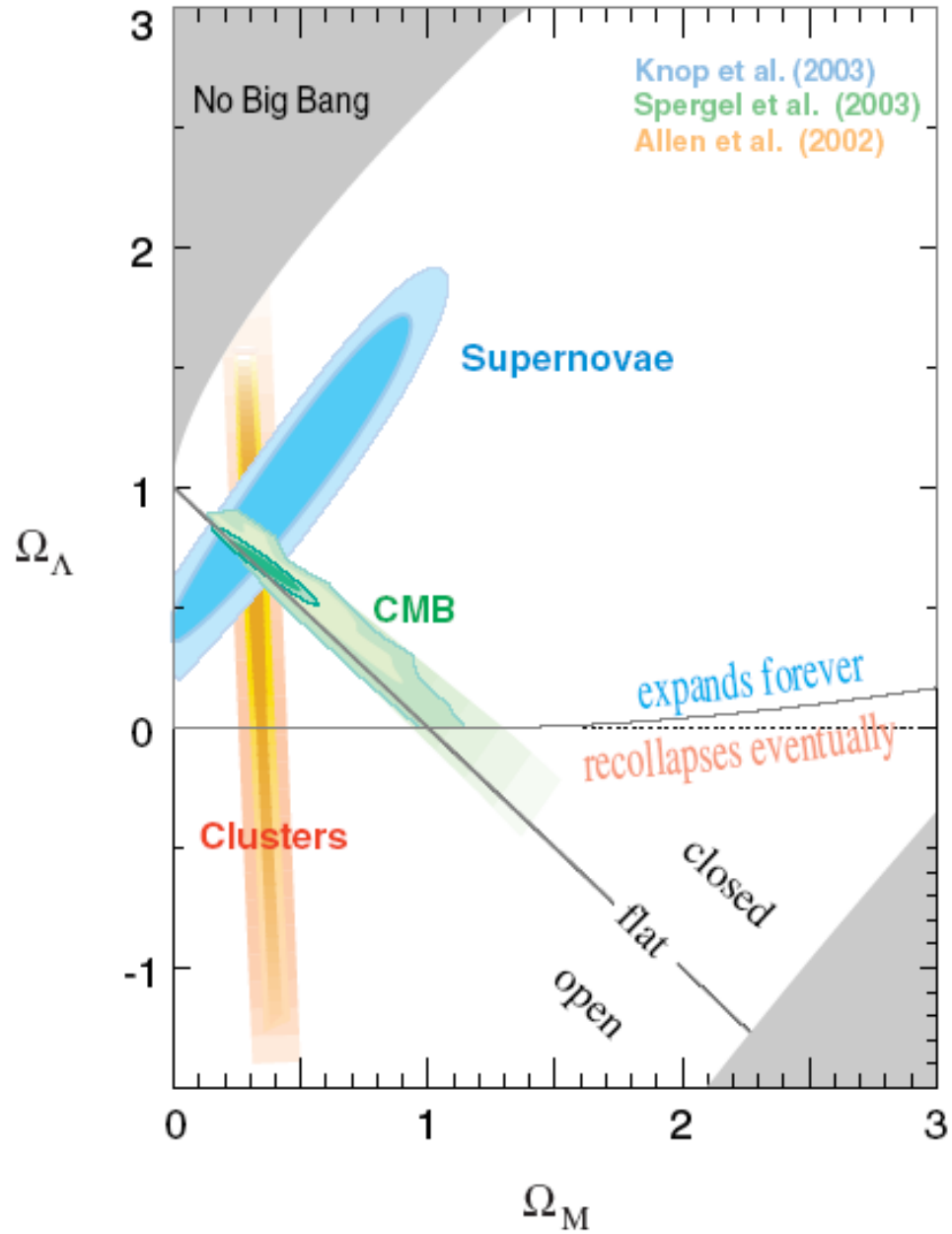


# Challenging problem.. (DE)

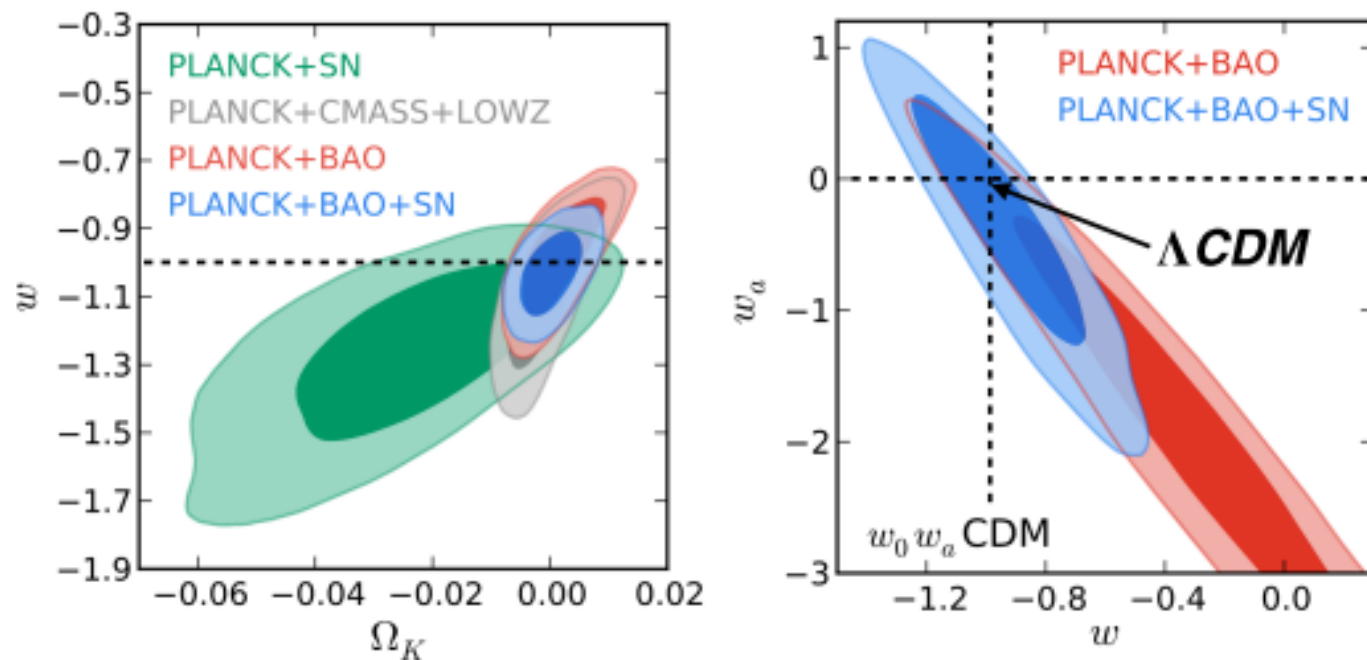
- Several cosmological observations demonstrated that the Universe is expanding and is accelerating
- What is causing this acceleration?
- How can we learn more about this acceleration, the Dark Energy it implies, and the questions it raises?
- EOS only tells  $w=-1$ .

- Universe is accelerating ....
- Type Ia Supernovae observations (SNe Ia)
- Cosmic Microwave Background Radiation (CMBR)
- Cluster of Galaxies (Large scale structure)

Supernova Cosmology Project



## Dark Energy: Expansion History Constraints

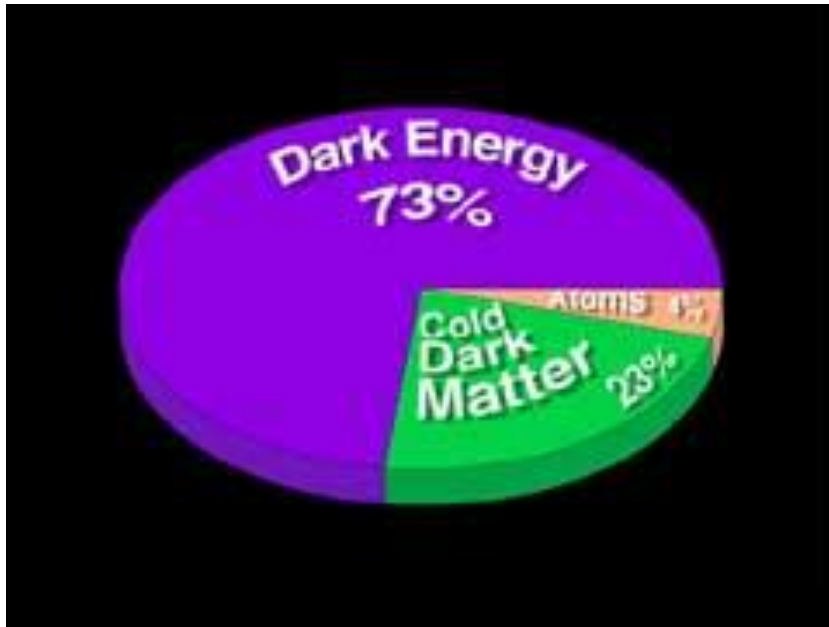


- Constraints consistent with a  $\Lambda$ CDM cosmology (i.e., a constant dark energy equation of state,  $w = -1$ ), even after allowing for a non-zero curvature ( $\Omega_K$ ) or evolving dark energy ( $w_a$ )

Talk by M. Vargas

# Observations

- Dark Energy: 73%
- Dark Matter: 23%
- Baryons: 4%
- Massive neutrinos : 0.1%



$$\Omega_M = \rho_M / \rho_c$$

$$\Omega_\Lambda = \rho_\Lambda / \rho_c$$

$$\rho_c = 3H^2 / 8\pi$$

H = Hubble Const.

# Dark Energy

- **Dark Energy:** *Most embarrassing observation in Physics* – A. Einstein
- Is it Cosmological Constant?
- Is it a Failure of GR?
- Quintessence?
- Novel property of matter?
- Many ideas have been proposed

# Einstein's Eqn.

- Einstein Equation:  $G_{\mu\nu} = 8\pi G T_{\mu\nu}$   
(Testable theory of the Universe)

where  $R_{\mu\nu} - \frac{1}{2} R g_{\mu\nu} = G_{\mu\nu}$

- and  $R = g_{\mu\nu} R^{\mu\nu}$  (Ricci scalar)

\* GR is well tested, but not unique.

Is there any alternate option?



# f(R) gravity

- **Inflation and Dark Energy**

**(Cosmic acceleration but different energy scales)**

( energy density differ by  $\sim 10^{\{120\}}$ )

Modify the gravity sector -> **modify  $G_{\mu\nu}$**

(f(R) gravity model..)

OR

- Modify the matter sector -> **modify  $T_{\mu\nu}$**

(scalar field model..)

- If one includes Cosmological constant (Einstein):

$$G_{\mu\nu} + \Lambda g_{\mu\nu} = 8\pi G T_{\mu\nu}$$



# $f(R)$

- In the simplest generalization of General Relativity one can write the action:

$$S = \frac{1}{16\pi G} \int d^4x \sqrt{-g} f(R) + S_M$$

(In GR  $f(R) = R$  so  $df/dR = 1$ )

- In the modified gravity scenario:  $\frac{df}{dR} \neq 1$
- Let us consider  $f(R) = a R^2$
- Since the de Sitter solution in  $f(R)$  gravity gives  $(df/dR)R - 2f = 0$  it so happens that  $f(R) = aR^2$  gives rise to de Sitter expansion. (Starobinsky 1980)
- \* Disappearing  $\Lambda$  in  $f(R)$  gravity: (Starobinsky 2007)

# Dark Energy and Modified Gravity

- Dark Energy: About 70% of the energy density today consists of Dark Energy, which is responsible for Cosmic acceleration.
- The simplest one is the Cosmological Constant ( $w=p/\rho=-1$ )
- => If the cosmological constant originates from a vacuum energy then it is in fact much more larger than the scale of the Dark Energy

- Other dynamical DE models, where  $w \neq -1$
- i) Modification of the matter sector:  
Quintessence, k-essence..
- ii) Modification of gravity:  
f(R) gravity model, scalar-tensor theory..

Here we will consider the simplest one: f(R) model of gravity for Dark Energy

Starobinsky (1980, 2007), De Felice-Tsujikawa (2010), Artymowski-Lalak (2014), Takahashi-Yokoyama(2015)...

# Modified Gravity for DE

- Modification of Gravity can give rise to observational signatures, DE equation of state, impact of LSS, CMB etc., which one can see on large scales.
- In small scales, the modification may not be significant and may be very close to the GR predictions (with small corrections) in case of Solar system experiments.

# f(R) Inflation

- An example is the Starobinsky model of Inflation, with the account of a correction quadratic in the Ricci scalar in the modified framework, and of an exponential potential in the scalar field framework.
- Where  $f(R) = R + R^2/6M^2$
- (during the inflation the  $R^2$  term dominates, which actually give de Sitter like expansion)

# Starobinsky model

- Since we have introduced the model, let us see;
- A) when  $R^2 / (6 M^2) \gg R$ : Inflationary expansion
- B) when  $R^2 / (6 M^2) \sim R$ : End of Inflation
- C) when  $R^2 / (6 M^2) \ll R$ : This is called the Reheating stage, where the scalar  $R$  oscillates around the minimum value of  $R=0$ .
- One can then discuss the inflation and reheating scenarios.

$$f(R) = R + a R^m + b R^n$$

- Dark Energy models with  $f(R)$  have been considered:
- (Alternative cosmologically viable  $f(R)$  model exists by Amendola et al, Amendola-Tsujikawa, Hu-Sawicki, Starobinsky)
- $f(R) = R + \alpha R^n - \beta R^{2-n}$  (Artymowski+Lalak)
- ( $\alpha$  and  $\beta$  are positive constants)
- Let us consider  $f(R) = R + \alpha R^n$  , and to obtain Inflation one must satisfy:

$$n \in \left[ \frac{1}{2}(1 + \sqrt{3}), 2 \right]$$

$$f(R) = R + \alpha R^n - \beta R^{2-n}$$

- Let us consider  $\alpha \gg 1$ ,  $\beta \ll 1$  and  $\alpha\beta \ll 1$  This means that  $\alpha R^n \gg R \gg \beta R^{2-n}$  during inflation.
- The last term will not affect inflation
- The Einstein frame scalar potential has a minimum

$$R_{min} = \left( \frac{\sqrt{1 + 4(2-n)n\alpha\beta} - 1}{2(2-n)\alpha} \right)^{\frac{1}{n-1}} \simeq (n\beta)^{\frac{1}{n-1}} \left( 1 - \frac{(2-n)n\alpha\beta}{n-1} \right)$$

- The value of  $V$  at the minimum for small  $\beta$ :

$$V(\varphi_{min}) \simeq \frac{n}{8(n-1)^2} (n\beta)^{\frac{1}{n-1}} (n-1 - n^2\alpha\beta) \sim \frac{1}{2} \beta^{\frac{1}{n-1}}$$

- The energy density for DE  $\sim \beta^{\frac{1}{n-1}}$  ( $\beta \ll 1$ )
- The existence of stable minimum is the key point.



# f(R) screening

\* In solar system experiments as well as pulsar timing measurements the GR is tested to high accuracy

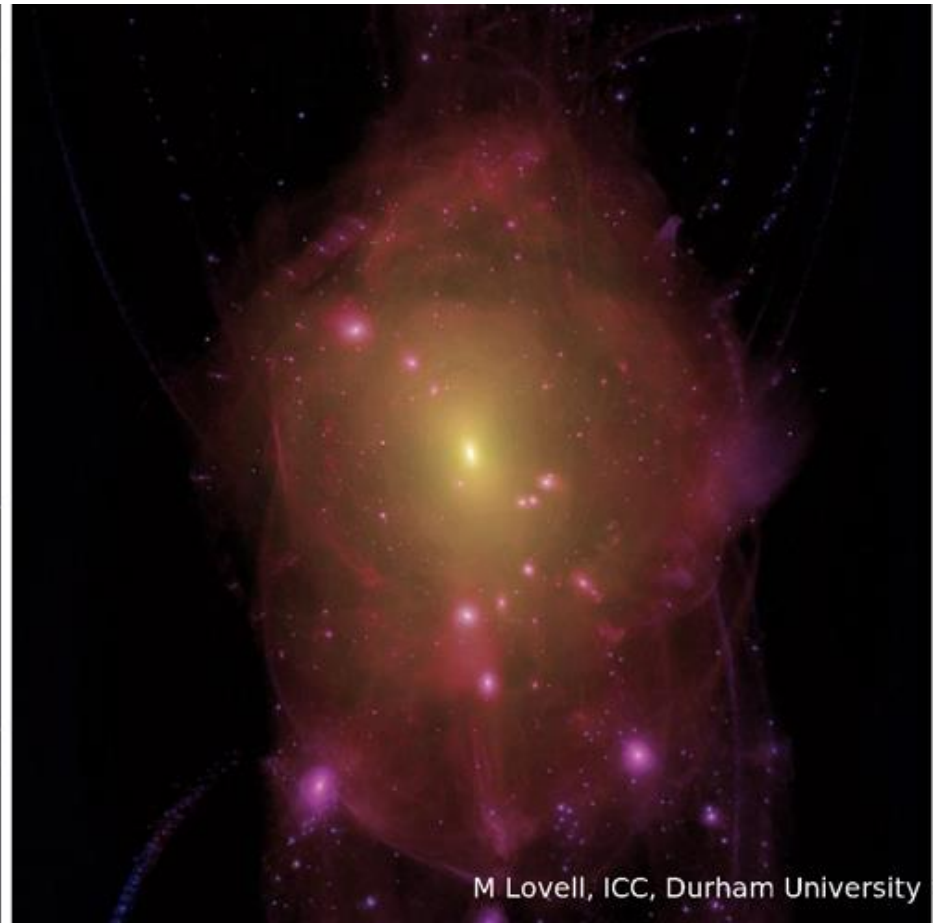
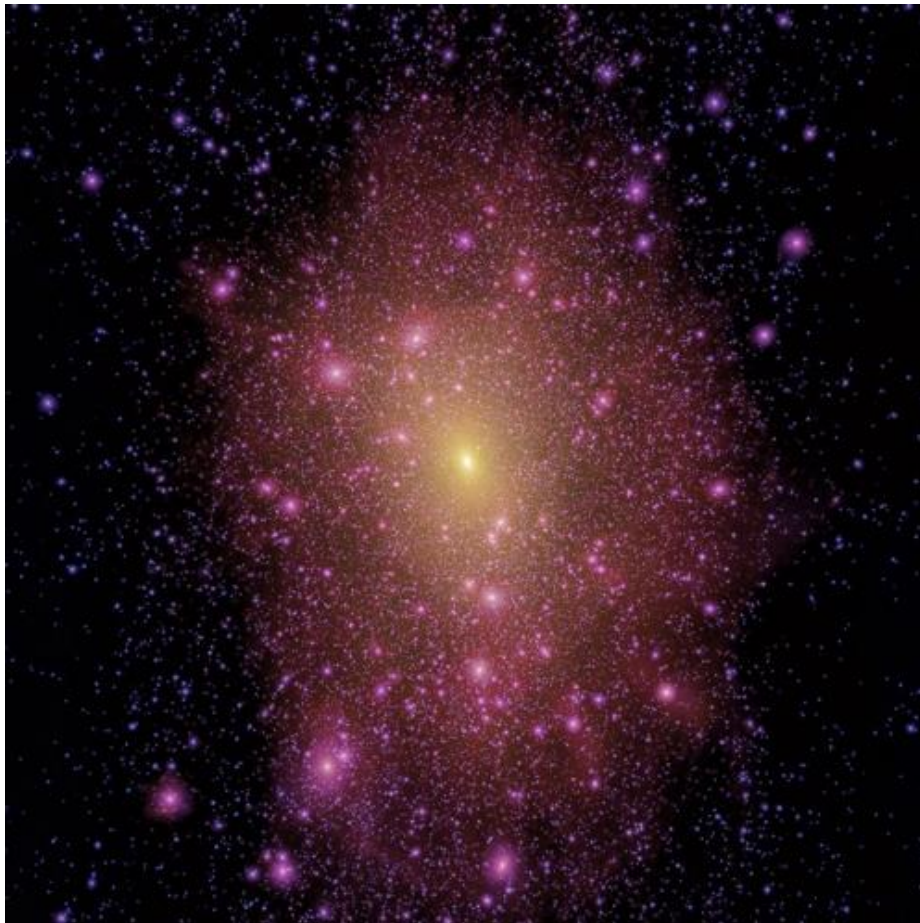
*\* In largest scales gravity is modified so as to have an accelerating Universe without cosmological constant.*

- At small scales the screening mechanism helps recover the GR (Chameleon mechanism: Khoury & Weltman). The fifth force is blind to small scales and becomes noticeable at larger scales

# OUTLOOK

- Standard Model of Particle Physics complete
- No trace of BSM, DARK Matter
- Flavor Connection? LHC input?
- Cosmology? Centenary year of GR ...
- Gravitational Waves? Gravitons? Q Gravity?
- Lessons from INFLATION
- DARK ENERGY/ MODIFIED GRAVITY???
- In my opinion, exciting time ahead !!!!!

*Comparison of Cold Dark Matter (CDM) and sterile neutrino simulations of Milky Way-like dark matter haloes (the invisible "skeleton" within which the galaxy will actually form). Credit: M Lovell/ICC Durham. /RAS meeting 7 July, 2015*



*the end*