# Stability of a string in a thermal bath of photons Spontaneous Workshop VII, Cargèse

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### Outline

#### Introduction : Goal and Motivation What are cosmic strings?

- PART 1 Effects of a Thermal Bath of Photons on Stability
- PART 2 Bounce and instanton computations

#### REFERENCES

J. Karouby and R. Brandenberger, "Effects of a Thermal Bath of Photons on Embedded String Stability," Phys. Rev. D 85, 107702 (2012)

- M. Nagasawa and R. H. Brandenberger, "Stabilization of embedded defects by plasma effects," Phys. Lett. B 467, 205 (1999)
- J. Karouby, "Instanton in a thermal bath and melting of a pion string,' arXiv:1212.1723 [hep-th].

# Embedded String Stability

- Goal : To stabilize cosmic string by a thermal bath of photons
- Why? : Stabilized embedded defects  $\implies$  applications in cosmology.
- Explanation for the origin and coherence of cosmological magnetic fields on galaxy scale.
- CMB : temperature fluctuations, non-gaussianity.
- can contribute to structure formation.
- •may play a role in baryogenesis
- loops can contribute to ultra-high-energy cosmic rays

### Cosmic strings

• Topological defects : commonly formed in laboratories and seen in condensed matter systems during phase transition.



- Strings arise from spontaneous symmetry breaking occurring when a scalar field, usually called the Higgs field, takes on its vacuum expectation value.
- GOAL Strings can come from fields present in the Standard Model of particle physics : eg : pion string, electroweak string.

# Symmetry Breaking



Figure : A simple potential in 3-dimensions, the Mexican-hat potential, can give rise to strings through symmetry breaking.

Topological defects correspond to boundaries between regions with different choices of minima.

In particular, there is a non-trivial winding of the phase around a string .



# Thermal field theory

Thermal bath on a system  $\implies$  finite-temperature field theory to compute physical observables.  $\implies$  time imaginary and wrapped on itself with a period  $\beta = 1/k_bT$ 



Figure : Euclideanized spacetime : cylinder of radius  $r = \frac{1}{2\pi k_b T}$  and of infinite height.

$$S_E = \int_0^\beta d\tau \int d^3x \, L_E.$$

•thermal bath of photons : temperature T.

• scalar fields : out of equilibrium since we are below the critical temperature.

In the imaginary time formalism of thermal field theory, the integration over four-momenta is carried out in Euclidean space  $\int \frac{d^4k}{(2\pi)^4} \rightarrow i \int \frac{d^4k_E}{(2\pi)^4}$  frequencies take discrete values, namely  $\omega_n = 2n\pi T$  with *n* an integer

$$\int \frac{d^4 k_E}{(2\pi)^4} \to T \sum_n \int \frac{d^3 k}{(2\pi)^3}$$

We use this Matsubara mode decomposition for the thermal field

$$\mathcal{A}_{\mu}( au, x) = \mathcal{T} \sum_{n=-\infty}^{+\infty} ilde{\mathcal{A}}_{\mu}(\omega_n, x) e^{i\omega au}$$

Fourier transforming

 $A_{\mu}(\tau, x) = T \sum_{\omega_n} \frac{1}{V} \sum_k \tilde{A_{\mu}}(\omega_n, k) e^{i\omega\tau + k.x}$ 

# The Pion String

#### PART 1

The linear sigma model : low energy description of QCD after chiral symmetry breaking  $m_u = m_d = 0$ 

- Symmetry breaking occurs when the sigma field takes on its vacuum expectation value
- Gives rise to a triplet of massless pions  $\vec{\pi} = (\pi^0, \pi^+, \pi^-)$ .

•Lagrangian :

$$\mathcal{L}_0 \,=\, \frac{1}{2} \partial_\mu \sigma \partial^\mu \sigma + \frac{1}{2} \partial_\mu \vec{\pi} \partial^\mu \vec{\pi} - \frac{\lambda}{4} (\sigma^2 + \vec{\pi}^2 - \eta^2)^2 \,,$$

- $\implies$  symmetry of the vacuum manifold = O(4)
- $\implies$  vacuum manifold is a 3-sphere :  $\mathcal{M} = S^3$
- $\implies$  topologically unstable strings since  $\Pi_1(S^3) = 1$ .
- Effectively reducing the vacuum manifold to  $S^1 \Longrightarrow$  strings.

# Effective Lagrangian

Electric charge  $\implies$  charged pions fields are coupled to electromagnetism  $\implies$  Lagrangian can be promoted to a Lagrangian with covariant derivatives.

$$\mathcal{L} \,=\, \frac{1}{2} \partial_{\mu} \sigma \partial^{\mu} \sigma + \frac{1}{2} \partial_{\mu} \pi^{0} \partial^{\mu} \pi^{0} + D^{+}_{\mu} \pi^{+} D^{\mu-} \pi^{-} - \frac{1}{4} F_{\mu\nu} F^{\mu\nu} + V_{0} \,,$$

where  $D_{\mu}^{+} = \partial_{\mu} + ieA_{\mu}$ ,  $D_{\mu}^{-} = \partial_{\mu} - ieA_{\mu}$ . •2 complex scalar fields :  $\pi_{c} = \pi^{1} + i\pi^{2}$  and  $\phi = \sigma + i\pi_{0}$ .

# Effective Potential

 $V_{eff}(\Phi, \pi_c)$ : defined via the partition function of the system, considering thermal  $A_{\mu}$ 

•String configurations : out-of-equilibrium states below  $T_G$ 

•Scalar fields out of thermal equilibrium since  $M \gg T_c$ STEPS :

- Treat the scalar fields as external out-of-equilibrium ones.
- Compute the finite temperature functional integral over  $A_{\mu}$
- Partition function of the system, Z[T]

$$Z[T] = \int \mathcal{D}\Phi \mathcal{D}\pi_c \mathcal{D}A^{\mu} e^{-S[A^{\mu}, \Phi, \pi_c]} = \int \mathcal{D}\Phi \mathcal{D}\pi_c e^{-S[\Phi, \pi_c]} e^{-\frac{V_{eff}(\Phi, \pi_c)V}{T}}$$
  
  $S[\Phi, \pi_c]$  is the gauge field independent part

$$V$$
: volume :  $\int d\tau d^3 \mathbf{x} = \frac{\mathbf{V}}{\mathbf{T}}$ .

# Partition function at finite temperature T

The partition function of the system can be written in terms of gauge fields, Faddeev-Popov ghosts and scalar fields :

$$Z[T] = \int \mathcal{D}\Phi \mathcal{D}\pi_c \mathcal{D}c \mathcal{D}\bar{c}\mathcal{D}A_\mu e^{-S[\Phi,\pi_c]} e^{-\int_0^\beta d\tau \int d^3x \ \bar{c}(-\partial^2 - e^2|\pi_c|^2)c} \\ \times e^{-\int_0^\beta d\tau \int d^3x \ \frac{1}{2}A_\mu(\partial^2 + e^2|\pi_c|^2)A_\mu}$$

Define  $\omega = \sqrt{\mathbf{k}^2 + m_{eff}^2}$  and  $m_{eff} = e|\pi_c|$ . Here the summation of  $A_{\mu}A_{\mu}$  is in Euclidean space since  $A_0 \rightarrow iA_0$ . Gaussian integration over the gauge field and the ghost fields.

$$Z[T] = \int \mathcal{D}\Phi \mathcal{D}\pi_c e^{-S[\Phi,\pi_c]}$$

$$\times e^{2\frac{1}{2}} Tr[\ln(\omega_n^2 + \mathbf{k}^2 + m_{eff}^2)]_e^{-4\frac{1}{2}} Tr[\ln(\omega_n^2 + \mathbf{k}^2 + m_{eff}^2)]$$

$$Z[T] = \int \mathcal{D}\Phi \mathcal{D}\pi_c e^{-S[\Phi,\pi_c]} e^{-Tr}[\ln(\omega_n^2 + \omega^2)]$$

## Effective potential : Result

One can deduce the effective potential from the partition function :

$$V_{eff}(\Phi, \pi_c, T) = V_0 + \lim_{V \to \infty} \frac{T}{V} \sum_{n \in \mathbb{Z}} \ln(\omega_n^2 + \omega^2) + \text{cst}$$
$$= \frac{\lambda}{4} (|\Phi|^2 + |\pi_c|^2 - \eta^2)^2 + 2 \int \frac{d^3k}{(2\pi)^3} [\frac{\omega}{2} + T \ln(1 - e^{-\frac{\omega}{T}})]$$

At high-temperature, we can truncate the series above and get

$$V_{eff}(\Phi, \pi_c, T) = \frac{\lambda}{4} (|\Phi|^2 + |\pi_c|^2 - \eta^2)^2 - \frac{\pi^2 T^4}{45} + \frac{e^2 |\pi_c|^2 T^2}{12} - \frac{e^3 |\pi_c|^3 T}{6\pi} - \frac{e^4 |\pi_c|^4}{16\pi^2} \left[ \ln \left( \frac{e |\pi_c| e^{\gamma E}}{4\pi T} \right) - \frac{3}{4} \right]$$

The effective vacuum manifold is now reduced :  $\mathcal{M}=S^1 \implies$  stable string.

### Quantum tunneling

PART 2 : Computation of the decay of a metastable cosmic string Vacuum seems metastable but this depends on the value of  $\lambda$  and  $\eta$ .



Figure : Finite temperature effective potential in the core of the string.

# Quantum tunneling

- •Take a metastable string with 2 complex fields
- •Study decay within its core

•Problem with QCD string : first order not reliable from perturbation theory

•Expansion parameter  $\sim \frac{\lambda^2}{e^4}$  which is big for realistic value of  $\lambda_{QCD}$ in fact second order phase transition

•Electroweak string : other problem of stability for realistic values of parameters

• However it may still be useful to see how this work , see for example Landau Ginzburg superconducting strings. In the high-temperature expansion,  $\frac{|\pi_c|}{T}\ll 1$ 

$$V_{eff}(\phi, \pi_c, T) \simeq \frac{\lambda}{4} (|\phi|^2 + |\pi_c|^2 - \eta^2)^2 + \frac{e^2 |\pi_c|^2}{12} T^2 - \frac{e^3 |\pi_c|^3}{6\pi} T \qquad (0)$$

## Quantum tunneling

• Potential  $V_{eff}$  :

$$V(\pi_{c}, T) = D(T^{2} - T_{o}^{2})\pi_{c}^{2} - ET\pi_{c}^{3} + \frac{\lambda}{4}\pi_{c}^{4}$$

where the coefficients are given by

$$D = \frac{e^2}{12} \quad E = \frac{e^3}{6\pi} \quad T_o^2 = \frac{6\lambda\eta^2}{e^2}$$



Figure : Bubble. Action has O(4) symmetry

### String ansatzt at T=0



#### Figure : string breaking

 $t: \pm \infty 
ightarrow 0 \ (\phi_i, \pi_{ci}) 
ightarrow (\phi_b, \pi_{cb})$  (1)

bounces at t = 0[Coleman:1977] Nielsen and Olesen static string at  $t = \pm \infty$ = initial configuration :

$$(\phi_i, \pi_{ci}) = (\eta f(\rho) e^{in\theta}, 0)$$
 (2)

Configuration at bouncing point :

$$\phi_b = \begin{cases} \eta f(\rho) e^{in\theta} & \text{for } z \neq 0 \text{ and } z = 0, \rho \ge \rho_0 \\ 0 & \text{for } z = 0 \text{ and } \rho < \rho_0 \end{cases}$$



$$\pi_{cb} = \begin{cases} \eta \text{ for } z = 0, \ \rho < \rho_0 \\ 0 \text{ for } z \neq 0 \text{ and } z = 0, \ \rho > \rho_0 \end{cases}$$

Full function for neutral string

Figure : Profile function for string for n = 1.  $\phi(\tau, \rho, z, \theta) = \eta f(\rho) e^{in\theta} [g_1(\rho) + \sqrt{1 - g_1(\rho)^2} g_2(s)]$  $\pi_c(\tau, \rho, z, \theta) = \eta \sqrt{1 - g_1(\rho)^2} \sqrt{1 - g_2(s)^2}$ 

•  $s = \sqrt{z^2 + \tau^2}$   $\implies$  two O(2) symmetries of the bounce solution

- General boundary conditions to get a bounce :
- $\partial_{\tau}(\phi(\tau), \pi_{c}(\tau))_{\tau=0} = \partial_{\tau}(\phi_{b}, \pi_{cb}) = (0, 0)$  $\lim_{\tau \to \pm \infty} (\phi, \pi_{c}) = (\phi_{i}, \pi_{ci})$
- Boundary conditions for  $g_1(\rho)$  and  $g_2(s)$ :
- $egin{aligned} g_1(0) &= g_1(
  ho \leq 
  ho_0) = 0 \;, g_1(
  ho > 
  ho_0) = 1 \;, g_1'(0) = 0 \ g_2(0) &= 0 \;, g_2(\pm \infty) = 1 \;, g_2'(0) = 0 \end{aligned}$



Figure : Profile function for  $g_1(\rho)$  and for  $g_2(s)$ 

## Quantum tunneling and no Thermal effects

• Potential 
$$V_{eff}$$
 :

$$V(\pi_{c}, T) = D(T^{2} - T_{o}^{2})\pi_{c}^{2} - ET\pi_{c}^{3} + \frac{\lambda}{4}\pi_{c}^{4}$$

where the coefficients are given by

$$D = \frac{e^2}{12} \quad E = \frac{e^3}{6\pi} \quad T_o^2 = \frac{6\lambda\eta^2}{e^2}$$



Figure : Spherical symmetric instanton

# Quantum tunneling Vs Thermal effects



Figure : wiggly cylinder



Figure : Cylindrical instanton with O(3) symmetry in 3 spatial dimensions

Thin-wall approximation

#### Thermal photons + out of eq. scalar fields

- $\bullet$  Assume  $\phi={\rm 0} \rightarrow$  we study the core of the neutral string
- Thin-wall approximation: almost degenerated  $V(\pi_c) \sim V_D(\pi_c)$

$$\frac{d^2\pi_c}{dx^2} + \frac{1}{x}\frac{d\pi_c}{dx} = V'(\pi_c) \rightarrow \frac{d^2\pi_c}{dx^2} = V'(\pi_c) \simeq V'_D(\pi_c)$$

where  $V_D(\pi_c)$  is the potential in the limit where the potential has an exact degeneracy

• One-dimensional Euclidean action :

$$S_1 = \int dx \left[\frac{1}{2} \left(\frac{\partial_{\pi_c}}{\partial_x}\right)^2 + V(\pi_c)\right] = \int_{\pi_c^D}^0 d\pi_c [2V_D(\pi_c)]^{\frac{1}{2}} = \frac{(\pi_c^D)^3 \sqrt{\lambda}}{6\sqrt{2}}$$

#### Thin-wall approximation

$$\Longrightarrow$$
 with the thin-wall parameter  $\epsilon$ 

$$V(\pi_{c}) = \frac{\lambda}{4} \pi_{c}^{2} (\pi_{c} - \pi_{c}^{D})^{2} - \frac{\lambda}{2} \epsilon \pi_{c}^{D} \pi_{c}^{3}$$
(3)  
where  $\epsilon = \frac{ET}{\sqrt{\lambda D}} \frac{1}{\sqrt{T^{2} - T_{0}^{2}}} - 1 = \sqrt{\frac{T_{c}^{2} - T_{0}^{2}}{T^{2} - T_{0}^{2}}} \frac{T}{T_{c}} - 1$ (4)  
and  $\pi_{c}^{D}(T) = 2\sqrt{\frac{D}{\lambda}(T^{2} - T_{0}^{2})}$ (5)

 $\begin{array}{c} \longrightarrow \ T-dependent \ Action : \\ S_1(T) = \frac{4}{3\sqrt{2\lambda}} [D(T^2 - T_0^2)]^{3/2} = \frac{e^3}{18\sqrt{6\lambda}} [(T^2 - T_0^2)]^{3/2} \\ S_1 \ has mass \ dimension \ 3 \ since \ it \ is \ the \ one-dimensional \ action. \end{array}$ 

• Potential energy density difference between the two minima

$$\Delta V = V(\pi_{cmin}) = \frac{\lambda}{2} \epsilon(\pi_c^D)^4 \tag{6}$$

$$\Delta V = 8(ET - \sqrt{\lambda D}\sqrt{T^2 - T_0^2})[\frac{D}{\lambda}(T^2 - T_0^2)]^{\frac{3}{2}}$$

Here, contrary to the Mexican hat potential case with a linear term [Coleman:1977],  $\Delta V \neq \epsilon$ 

• T-dependant Thin-wall parameter

$$T = \frac{T_0}{\sqrt{1 - \frac{e^4}{3\pi^2\lambda(\epsilon+1)^2}}} \text{ and } \epsilon(T) = \sqrt{\frac{e^4}{3\pi^2\lambda} \frac{1}{1 - \frac{T_0^2}{T^2}}} - 1$$

• Equation of motion for  $r \sim R$  :

$$\frac{d^2\pi_c}{dr^2} + \frac{3}{r}\frac{d\pi_c}{dr} = V'(\pi_c)$$
  
• S<sub>sphere</sub> =  $\pi^2 \int r^3 dr [\frac{1}{2}(\frac{\partial\pi_c}{\partial_r})^2 + V(\pi_c)]$   
=  $-\frac{\pi^2}{2}R^4\Delta V + 2\pi^2R^3S_1$ 

•Extremizing 
$$S_{sphere}$$
:  $\frac{\partial S_E}{\partial R} = 0$   
 $R(T) = \frac{3S_1}{\Delta V} = \sqrt{\frac{3}{2e}} \frac{1}{\epsilon \sqrt{T^2 - T_0^2}}$ 



Figure : Bubble

• T dependent decay rate:

$$\frac{\Gamma_{sphere}}{V} \sim P_4 \exp[-\pi^2 \frac{1}{48 \ \lambda (\sqrt{\frac{e^4}{3\pi^2 \lambda} \frac{T^2}{T^2 - T_0^2}} - 1)^3}]$$

• After tunneling in vacuum, bubble radially expands at

$$v = rac{d|ec{x}|}{dt} = rac{\sqrt{|ec{x}|^2 - R^2}}{|ec{x}|}$$

 $(v \sim c)$  but plasma pressure slows down this expansion. • Energy of the bubble wall :

$$E_{wall} = 4\pi |\vec{x}|^2 (S_1^{\pi_c})(1-v^2)^{-rac{1}{2}}$$

which finally reduces to

$$E_{wall} = 4\pi |\vec{x}|^3 \frac{S_1^{\pi_c}}{R} = \frac{2\pi\epsilon}{27\lambda} |\vec{x}|^3 e^4 (T^2 - T_0^2)^2$$

Thin-wall approximation

# String Stability from thermal effects

Thermal bath of photons can make string stable.

Instantons productions quantify the stability of strings against breaking. PART 1

- The plasma effects lift the potential in direction of the charged pion fields.
- This lead to an effective vacuum manifold which admits cosmic string solutions, the pion strings.
- Our arguments are general and apply to many theories beyond the Standard Model.
- Topological defects embedded defects of the full theory with the property that they are stabilized in the early Universe for the right values of the parameters.
- For realistic values of QCD parameters, the string is stabilized and is not metastable

#### Conclusion



#### PART 2

- 1st order phase transition for strings : eg superconducting strings can decay into 2 strings.
- We found the temperature dependent radius and the decay rate of a string into two strings

Effects of a Thermal Bath of Photons on Embedded String Stability : Topologically unstable defects can become stable in a thermal bath of photons